

Nehru Gram Bharati (Deemed to be University) Prayagraj, Uttar Pradesh, INDIA

FOUR YEAR UNDERGRADUATE PROGRAMME Syllabus

[As per NEP-2020 Regulations]

B.A./B.A. (Honours)/B.A.(Honours with Research)
in
Philosophy

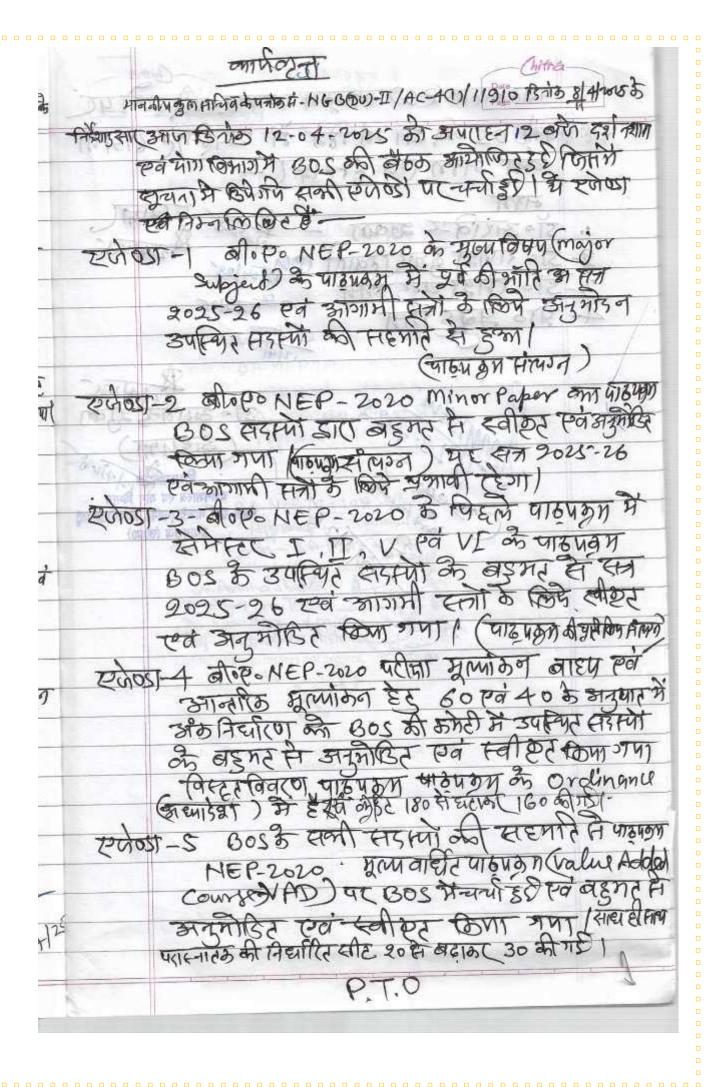
[Department of Philosophy & Yoga]

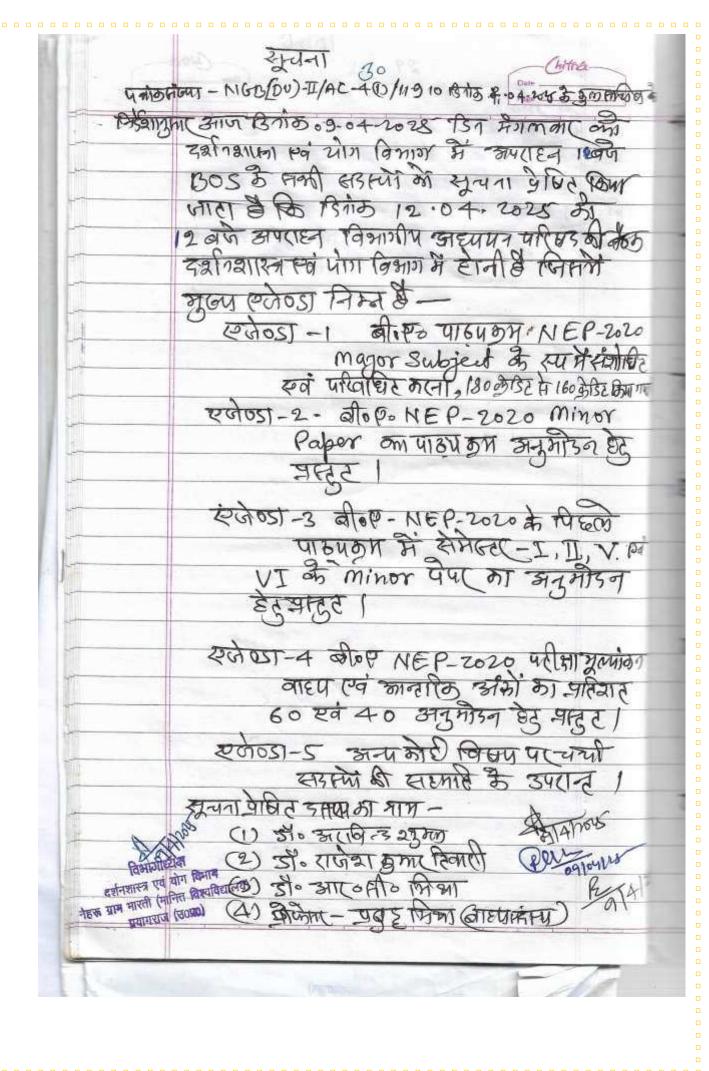
[Effective From 2025-26 Onwards]

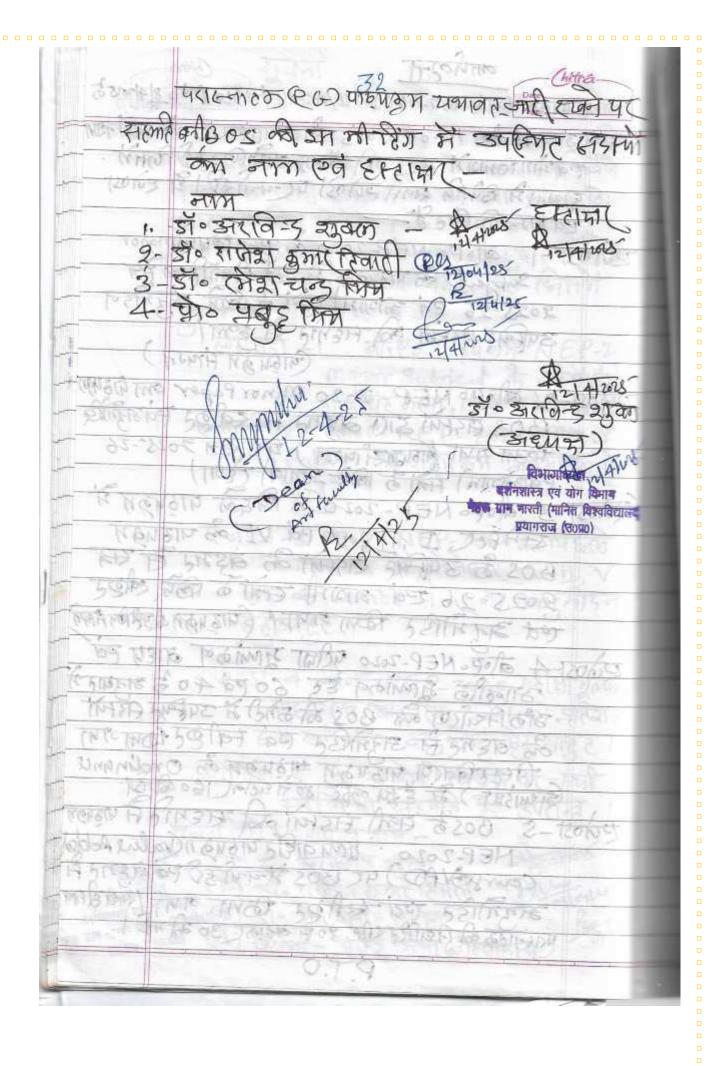
Board of Studies

Dated: 07-06-2023

1	Dr. Arvind Shukla ,	HoD & Associate Professor,
		Department of Philosophy &
		Yoga, NGB(DU), Prayagraj
2	Dr. Prabuddha Mishra	Professor, Department of
		Philosophy Indira Gandhi Tribe
		University Amarkantak M.P.
3	Dr. Rajesh Kumar Tiwari	Associate Professor,
		Department of Philosophy &
		Yoga, NGB(DU), Prayagraj
4	Prof. H.S. Upadhyay (External Expert)	Professor, Department of
		Philosophy, University of
		Allahabad, Prayagraj
5	Prof. R.C. Mishra	Associate Professor & Head,
		Department of Political
		Science, NGB(DU), Prayagraj







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	Page
	Board af studies (BOS) af the department at
	Milosophy & 409a, Nehry Gram ahand Dooms
	to be University). Prayagraf, ment on
	6th day of June 9022 of Charles Carlows
	Oth day of June 2023 at Shashi Campus, Jhuthi Tali, Prayagraj.
1	
EN 18.4%	Members Attending with signature sentitions
A 200 A	1- Dr. Arvind Shukla Chairmennicia
100	2- Dr. Prabuddha mistra रिक्त प्रामितिक प्रिकारित प्रामितिक वि
	3 - Dr. Rayesh kumar Tiwari Pomemberry know
	4- Bof. H.S. Upaddhyay Hember)
	5 Dr. Ramesh Chandra Mishra & (member)
	The following resolutions were mude during the
178	meeting:
	0
1.	1. Decision of the Agenda No-01
1 1	Agenda No-182-Discussion on four year UG
CAR .	Programme affered.
	Decision: The structure of the 4 year
	Syllabus and its year wife
	break-up prepared and presented
11 15	as perthe instructions of NEP-
	2020 washing nimously
	approved Details Attechal).
	Agend No-03:
	Discussion on course name
	and unit content. Content
	₩,
1	Decision: Consent was received on 14 Courses and 5 thirts each
	14 Courses and 5 mins cache

में मिंड केए हमा म महती (सर्वेश वि was received Decision Programme and Bogsamme and Courses Structure and Programme/course and Unit Datath ended with thanks by the chair. Chai विभागिरियंस दर्शनशास्त्र एवं योग विभाग बेहरू ग्राम भारती (मानित विश्वविद्यालय) प्रयागरांज (उ०प्रठ) वर्ष Dr. Razeshteumar Tivari (member mishra

Introduction of the Programme: [a] Introduction:

The NEP-2020 offers an opportunity to effect a paradigm shift from a teacher-centric to a student-centric higher education system in India. It is based on Outcome Based Education, where the Graduate Attributes are first kept in mind to reverse-design the Programs, Courses and Supplementary activities to attain the graduate attributes and learning outcomes. The learning outcomes-based curriculum framework for a degree in B.A. (Honours/Honours with Research) in Philosophy is intended to provide a comprehensive foundation to the subject and to help students develop the ability to successfully continue with further studies and research in the subject while they are equipped with required skills at various stages. The framework is designed to equip students with valuable cognitive abilities and skills so that they are successful in meeting diverse needs of professional careers in a developing and knowledge-based society. The curriculum framework takes into account the need to maintain globally competitive standards of achievement in terms of the knowledge and skills, as well as to develop spirit of enquiry, problem solving skills and human and professional values which foster rational and critical thinking in students.

[b] Graduate Attributes:

Type of learning outcomes	The Learning Outcomes Descriptors
Learning outcomes that are specific to disciplinary/interdisciplinary areas of learning	Disciplinary/ interdisciplinary Knowledge & Skills
Generic learning outcomes	Critical Thinking & problem-solving Capacity
outcomes	Creativity
	 Communication Skills: The graduates should be able to demonstrate the skills that enable them to: listen carefully, read texts and research papers analytically, and present complex informationin a clear and concise manner to different groups/audiences, express thoughts and ideas effectively in writing and orally and communicate with othersusing appropriate media, confidently share views and express herself/himself, construct logical arguments using correct technical language related to a field of learning,work/vocation, or an area of professional practice, convey ideas, thoughts, and arguments using language that is respectful and sensitive togender and other minority groups.
	 Analytical reasoning/thinking: The graduates should be able to demonstrate the capability to: evaluate the reliability and relevance of evidence; identify logical flaws in the arguments of others; analyze and synthesize data from a variety of sources; draw valid conclusions and support them with evidence and examples, and addressingopposing viewpoints.

Research-related skills: The graduates should be able to demonstrate:

- a keen sense of observation, inquiry, and capability for asking relevant/ appropriate questions,
- the ability to problematize, synthesize and articulate issues and design research proposals,
- the ability to define problems, formulate appropriate and relevant research questions, formulate hypotheses, test hypotheses using quantitative and qualitative data, establish hypotheses, make inferences based on the analysis and interpretation ofdata, and predict cause-and-effect relationships,
- the capacity to develop appropriate methodology and tools of data collection,
- the appropriate use of statistical and other analytical tools and techniques,
- the ability to plan, execute and report the results of an experiment or investigation,
- the ability to acquire the understanding of basic research ethics and skills in practicing/doing ethics in the field/ in personal research work, regardless of the funding authority or field of study.

Coordinating/collaborating with others: The graduates should be able to demonstrate the ability to:

- work effectively and respectfully with diverse teams,
- facilitate cooperative or coordinated effort on the part of a group,
- act together as a group or a team in the interests of a common cause and workefficiently as a member of a team.

Leadership readiness/qualities: The graduates should be able to demonstrate the capability for:

- mapping out the tasks of a team or an organization and setting direction.
- formulating an inspiring vision and building a team that can help achieve the vision, motivating and inspiring team members to engage with that vision.
- using management skills to guide people to the right destination.

'Learning how to learn' skills: The graduates should be able to demonstrate the ability to:

- acquire new knowledge and skills, including 'learning how to learn' skills, that are necessary for pursuing learning activities throughout life, through self-paced and self- directed learning aimed at personal development, meeting economic, social, and cultural objectives, and adapting to changing tradesand demands of the workplace, including adapting to the changes in work processes in the context of the fourth industrial revolution, through knowledge/ skill development/reskilling,
- work independently, identify appropriate resources required for further learning,
- acquire organizational skills and time management to set self-defined goals and targets withtimelines.
- inculcate a healthy attitude to be a lifelong learner,

Digital and technological skills: The graduates should be able to demonstrate the capability to:

- use ICT in a variety of learning and work situations,
- access, evaluate, and use a variety of relevant information sources,
- use appropriate software for analysis of data.
- National & International Perspective considering the current perspective of a Global Village.

Value inculcation: The graduates should be able to demonstrate the acquisition of knowledge and attitude that are required to:

- embrace and practice constitutional, humanistic, ethical, and moral values in life, including universal human values of truth, righteous conduct, peace, love, nonviolence, scientific temper, citizenship values,
- practice responsible global citizenship required for responding to contemporary

global challenges, enabling learners to become aware of and understand global issues and to become active promoters of more peaceful, tolerant, inclusive, secure, and sustainable societies,

- formulate a position/argument about an ethical issue from multiple perspectives
- identify ethical issues related to work, and follow ethical practices, including avoiding unethical behaviour such as fabrication, falsification or misrepresentation of data, or committing plagiarism, and adhering to intellectual property rights,
- recognize environmental and sustainability issues, and participate in actions to promote sustainable development.

Autonomy, responsibility, and accountability: The graduates should be able to demonstrate the ability to:

- apply knowledge, understanding, and/or skills with an appropriate degree of independence relevant to the level of the qualification,
- work independently, identify appropriate resources required for a project, and manage a project through to completion,

Environmental awareness and action: The graduates should be able to demonstrate the acquisition of and ability to apply the knowledge, skills, attitudes, and values required to take appropriate actions for:

• mitigating the effects of environmental degradation, climate change, and pollution, effective waste management, conservation of biological diversity, management of biological resources and biodiversity, forest and wildlife conservation, and sustainable development and living.

Community engagement and service: The graduates should be able to demonstrate the capability to participate in community-engaged services/ activities for promoting the well-being of society.

Empathy: The graduates should be able to demonstrate the ability to identify with or understand the perspective, experiences, or points of view of another individual or group, and to identify and understand other people's emotions.

[c] Flexibility:

The programmes are flexible enough to allow liberty to students in designing them according to their requirements. The Learner is given freedom of choice in selecting disciplines. Students may select his/her own stream. He/She may select three major disciplines from his her own stream or two major disciplines from his own stream and one major discipline from any other stream . Alongwith major disciplines, a student can select minor disciplines from other streams, languages, generic electives, ability enhancement courses, Vocational/Skill Enhancement Courses (SEC) and Value added Courses including Extra Curricular activities.

Multiple Entry & Exit Options:

ENTRY & EXIT OPTIONS	Credits Required
Certificate upon the Successful Completion of the First Year (Two Semesters)	44
of the multidisciplinary Four-year Undergraduate Programme	
+ 04 Credit Mandatory Internship in Case of Exit.	
Diploma upon the Successful Completion of the Second Year (Four Semesters)	84
of the multidisciplinary Four-year Undergraduate Programme.	
+ 04 Credit Mandatory Internship in Case of Exit.	
For Entry to NHEQF Level 5.0, must have completed the NHEQF 4.5 Level of	
Four Year Undergraduate Programme as per NEP-2020.	
Basic Bachelor Degree at the Successful Completion of the Third Year (Six	120
Semesters) of the multidisciplinary Four- year Undergraduate Programme.	

For Entry to NHEQF Level 5.5, must have completed the NHEQF 5.0 Level of	
Four Year Undergraduate Programme as per NEP-2020.	
Bachelor Degree with Honours/Honours with Research in a Discipline at the	160
Successful Completion of the Fourth Year (Eight Semesters) of the	
multidisciplinary Four-year Undergraduate Programme.	
For Entry to NHEQF Level 6.0, must have completed the NHEQF 5.5 Level of	
Four Year Undergraduate Programme as per NEP-2020.	

Programme Educational Objectives (PEOs):

Programm	ne Outcome (POs)
PO 1	The students will be able to understand the importance of our glorious past.
PO 2	The students will be able to understand nature and scope of history.
PO 3	The students will be able to understand the meaning of nationalism and the respect of word great
	national personality.
PO 4	The students will be able to understand the political history of ancient India and civilization of
	ancient world.
PO 5	The students acquire in depth knowledge in the field of Ancient History, Culture & Archaeology
	which make them sensitive enough to solve the issues related with mankind.
PO 6	The programme also empowers the post graduates to appear for various competitive examinations
	or choose the any post graduate or research programme of their choice.
PO 7	The students will be inguted enough through the knowledge of the special P.G. programmed to
	think and act over for the solution of various issues prevailed in the human life to make world
	better than ever.
PO 8	Students get knowledge of various research methods can realize importance of research to find
	solutions of the specific issue.
	ne Specific Outcome (PSOs)
PSO 1	The students understand background of our religions, customs, institution, administration and so
	on.
PSO 2	The study of history to impart moral education.
PSO 3	Analyze relationship between past and present is lively presented in the history.
PSO 4	The students will be able to understand the social, political, religious and economic conditions of
	the ancient people.
PSO 5	The students will be able to analyze relationship between the past and present in lively presented
	in the history.
PSO 6	The students will be able to develop practical skills helpful in the study and understanding of
	historical events.

Department of Philosophy & Yoga

B.A./B.A.(Honours)/B.A.(Honours with Research) in Philosophy SYLLABUS STRUCTURE OVER-All (Based on NEP – 2020)

		B.A./B.A.(Honours)/B.A.(Honou	ırs with Researc	h) in Philo	sophy					
						redit			eachi	•
Year	Semester	Nomenclature of the Courses/Title	Com/Ele.	Credit		ribut			Hour	
					L	T	Р	L	Т	Р
		Indian Philosophy	Compulsory	4	3	1	0	45	15	0
		Introduction to IKS: Philosophy	Compulsory	2	2	0	0	30	0	0
		Minor Paper for other Discipline: YOGA & GOOD HEALTH	POOL B	3	3	0	0	45	0	0
Second Year First Year	l	AEC: Communication Skills & Personality Development	Compulsory	2	2	0	0	30	0	0
		SEC- Paper-I	POOL C	3	1	0	2	15	0	60
_		VAC-1: Understanding India	POOL D	2	2	0	0	30	0	0
Yea		Other Major	POOL A	4	4	0	0	60	0	0
rst		Total Semester Credits		20						
证		Ethics (Western & Indian)	Compulsory	5	4	1	0	60	15	0
		Minor Paper for other Discipline: PHILOSOPHY OF VIVEKANAND	POOL B	3	3	0	0	45	0	0
	II	AEC: Critical Thinking & Problem Solving	Compulsory	2	2	0	0	30	0	0
		SEC- Paper-II	POOL C	3	1	0	2	15	0	60
		VAC-2: Indian Constitution	POOL D	2	2	0	0	30	0	0
		Other Major (Contd.)	Compulsory	5	5	0	0	75	0	0
		Total Semester Credits		20				0	0	0
	Exit	Option : Certificate in Field of Learning	/discipline	_				0	0	0
		Modern Western Philosophy	Compulsory	4	3	1	0	45	15	0
		Applied IKS-I: Philosophy	Compulsory	2	2	0	0	30	0	0
		Minor Paper for other discipline: Applied Yoga	POOL B	3	3	0	0	45	0	0
	III	AEC : Soft Skills	Compulsory	2	2	0	0	30	0	0
		SEC-3 : Paper-I	POOL C	3	1	0	2	15	0	60
L		VAC-3 : Indian Heritage & Culture/NSS/NCC	POOL D	2	1	1	0	15	15	0
Yea		Other Major (Contd.)	Compulsory	4	4	0	0	60	0	0
pu		Total Semester Credits		20				0	0	0
Seco		Logic	Compulsory	5	4	1	0	60	15	0
		Minor Paper for other discipline: Scientific Approaches of Yoga	POOL B	3	3	0	0	45	0	0
	IV	AEC: Content Writing & Editing	Compulsory	2	2	0	0	30	0	0
		SEC-4 : Paper-II	POOL C	3	1	0	2	15	0	60
		VAC-4 : Food Nutrition & Hygiene	POOL D	2	2	0	0	30	0	0
		Other Major (Contd.)	Compulsory	5	5	0	0	75	0	0
		Total Semester Credits		20						
	Exit	Option: Diploma in Field of Learning/	discipline							

		Philosophy of Religion	Compulsory	4	3	1	0	45	15	0
		Applied IKS-II : Philosophy	Compulsory	2	2	2	0	30	2	0
		Minor Paper for other discipline:		2	2	•	_	45	_	0
		Indian Moral Values	POOL B	3	3	0	0	45	0	0
	V	AEC: Team Building & Leadership	Compulsory	2	2	0	0	30	0	0
		Note: Choose any one Paper i. Fundamentals of Yoga ii. Jyotish Darshan	Core Elective	3	3	0	0	45	0	0
Third Year		VAC-5: Environmental Science and Sustainability	POOL D	2	1	1	0	15	15	0
jird		Other Major (Contd.)	Compulsory	4	4	0	0	60	0	0
È		Total Semester Credits		20						
		Socio-Political Philosophy	Compulsory	5	4	1	0	60	15	0
	VI	Note: Choose any one Paper i. Philosophy of Mind ii. Yoga & Naturopathy	Core Elective	3	3	0	0	45	0	0
		Minor Paper for other discipline: SHAMKAR VEDANT	POOL B	3	3	0	0	45	0	0
		Internship/Apprenticeship (Major-I)	Compulsory	4	0	0	4	0	0	120
		Other Major (Contd.)	Compulsory	5	5	0	0	75	0	0
		Total Semester Credits		20						
	Exit Opt	tion: Basic UG degree in Field of Learn	ing/discipline							
		Contemporary Western Philosophy	Compulsory	5	4	1	0	60	15	0
		Research Methodology (Hons. with Research) /Humanism and Extentialism (Honours)	Compulsory	4	4	0	0	60	0	0
	VII	Note: Choose any Two Paper (4+4) i. Bhuddhist Thought ii. Patanjali Yoga Sutra iii. Introduction to Western Epistemology iv. Applied Ethics	Core Elective	8	8	0	0	120	0	0
h Year		Minor Paper From other discipline : POWER OF YOGA	POOL B	3	3	0	0	45	0	0
urt		Total Semester Credits		20				0	0	0
- Fo		Contemporary Indian Philosophy	Compulsory	5	4	1	0	60	15	0
Fourth Year	VIII	Note: Choose any One paper: i. Philosophy of Shankaracharya ii. Philosophy of Kant iii. Analytical Philosophy	Core Elective	3	ß	0	0	45	0	0
		Dissertation/Research Project & Viva Voce (Hons. with Research) or Field Visit/Tour based Viva Voce (Honours)	Compursory	12	0	0	12	0	0	360
		Total Semester Credits		20						

Completio	on : UG (Hons./Hons. with Research) do Learning/discipline	egree in Field of				
	Total Programme Credits		160			

Abbreviations:

AEC Ability Enhancement Course

VAC Value Added Course

SEC Skill Enhancement Course IKS Indian Knowledge System

Note: Column. No. 6 & 7 is expected to be filled by the departments based on requirement of Course.

Department of Philosophy & Yoga B.A./B.A.(Honours)/B.A.(Honours with Research) in Philosophy SYLLABUS (Based on NEP – 2020) Session 2025 – 26

YEAR	SEMESTE R	Course TITLE	Course Code	MAJO R/ MINO R	COM/E L	(L)	(T)	(P)	TOTAL CREDIT	TEACHI NG HOURS
		Indian Philosophy	PHI-23101	Major	СОМ	03	01	0	04	60 (45 + 15)
1 ST	I ST	Minor Paper for other Discipline: YOGA & GOOD HEALTH	MPHI01	MIN	ELE	03	0	0	03	45
Į5.		Introduction to IKS: Philosophy	PHIIKS-2301	Major	COM	02	0	0	02	30
	w)D	Ethics (Western & Indian	PHI-23102	Major	СОМ	04	01	0	05	75 (60 + 15)
	- II ND	Minor Paper for other Discipline: PHILOSOPHY OF VIVEKANAND	MPHI03	MIN	ELE	03	0	0	03	45
		Modern Western Philosophy	PHI-23103	Major	СОМ	03	01	0	04	60 (45 + 15)
	III RD	Applied IKS-I: Philosophy	PHIIKS-2302	Major	СОМ	02	00	00	02	30
2 ND		Minor Course for other discipline: Applied Yoga	MPHI03	Minor	ELE	03	0	0	03	45
	IV TH	Logic	PHI-23104	Major	СОМ	04	01	0	05	75 (60 + 15)
	17	Minor Course for other discipline : Scientific Approaches of Yoga	MPHI04	MIN	ELE	03	0	0	03	45

		Philosophy of Religion	PHI-23105	Major	СОМ	03	01	0	04	60 (45 + 15)
		Applied IKS-2: Philosophy	PHIIKS-2303	Major	COM	02	0	0	02	30
	$ m V_{LH}$	Minor Course for other discipline : Indian Moral Values	MPHI05	MIN	ELE	03	0	0	03	45
3 RD		Note: Choose any one Course i. Fundamentals of Yoga ii. Jyotish Darshan	PHI- 23106A/PHI- 23106B	Core Electiv e	ELE	03	00	0	03	45
		Socio-Political Philosophy	PHI-23107	Major	СОМ	04	01		05	75 (60 + 15)
	VI TH	Note: Choose any one Course i. Philosophy of Mind ii. ii. Yoga & Naturopathy	PHI- 23108A/PHI -23108B	Core Electiv e	ELE	03	0	0	03	45
		Minor Course for other discipline : SHAMKAR VEDANT	MPHI06	Min	ELE	03	00	0	03	45
		Contemporary Western Philosophy	PHI- 23109	Major	COM	04	01		05	75 (60 + 15)
4 ^{тн}	VII TH	Research Methodology (Hons. With Research)/Humanism & Extentialism	PHI-23110A/PHI- 23110B	Major	COM	04	-		04	60
		Note: Choose any Two Course (4+4) i. Buddhist Thought ii. Patanjali Yoga Sutra iii. Introduction to Western Epistemology iv. Applied Ethics	PHI-23111A/ PHI- 23111B/ PHI- 23111C/ PHI- 23111D	Major	ELE	08	-		08	120
		Minor Course for other discipline: POWER OF YOGA	MPHI07	MIN	ELE	03	00		03	45
		·	-		-		-			

	Contemporary Indian Philosophy	PHI-23112	Major	COM	04	01	0	05	75 (60 + 15)
VIII TH	Note: Choose any One Paper: i. Philosophy of Shankaracharya ii. Philosophy of Kant iii. Analytical Philosophy	PHI-23113A/ PHI-23113B/ PHI-23113B/ PHI-23113D	Major	ELE	03	00	0	03	45
	Dissertation/Research Project Vivo Voce (Hons. with Research)/ Field Visit, Educational Tour, Report Writing & Viva Voce	PHI-23114A/PHI- 23114B	Major	СОМ	-	-		12	360

B.A./B.A. (Honours/Hounours with Research) in Philosophy

SEMESTER-I

U	nme: B.A./B.A. (Honours/Hounours with Research) in		Year: B.A. 1st	Semester: Ist
	Philosophy Year			
Pedagog	•			
Course	Code: PHI-23101	Course	Paper Title:	Indian Philosophy
Pro	gramme Outcome:	I.		
1.	Epistemology			
Wh	ile Classical Western epistemology tends to view the notion	of "wron	g knowledge" as self	contradictory
and	discrepant, Indian epistemology has at its very core, t	he funda	mental task of iden	tifying "right
kno	wledge" and distinguishing its from "wrong knowledge". The	he distinc	tion between knowled	dge and belief
	ch is central to Western epistemology, does not play the			
	refore several question that never arise in Western epistemo		•	
	goal of the course is to highlight the special and distinctive	ideas an	d aspects of Indian ep	oistemology.
	Metaphysics			
	taphysics is an important branch of philosophy which aims			_
	erlying the universe of our experience. The nature of man a			
	aphysics and its discussion often brings in God into the pict			-
	ked upon as a means that help man transcend his finitude	-	•	
	sara into a state of everlasting freedom. The course is aime	d at fami	liarizing the student v	vith the broad
	ines of the distinctive ideas of Indian metaphysics.			
	Outcomes: After completing this course, the students will l) -	
	nderstand the epistemology and Metaphysics of Indian Philo	osophy.		
	e aware of Philosophy of Bauddha and Jain.			
	e aware of Samkhya's theory as Satkaryavad, Prakriti & Pur			
	e aware of Nyaya Philosophy as Pratyaksha, Anuman, Upm			
	e aware Advait and Vishishtadvait Philosophy as Brahman,			•
Credit: (03 + 01 = 04		per (Core Compulsor	y / Elective):
			ore Compulsory	
	arks: (60 + 40IA) = 100		in. Passing Marks : 3	5
	umber of Lectures (Lecture – Tutorials – Practical): 45 + 15	= 60		
Units:	Topics:			No. of
				Lectures
I	General Characteristics of Indian Philosophy.			09
	Astika and Nastika system.	1 13	r 1,11 3 71	
	Philosophy of Charvaka: Gyanmimansha, Tatvamimans	sha and N	aitik Views.	
	The doctrines of Rebirth and Karma.			
	Is Indian Philosophy a negation of life and world?			
	General Character of Upanishad.	Vomas	Zaga CyanVaga	
	Concept of Self, Brahman, Jagat and God; Bhagavadgeeta BhaktiYoga, SthitPragya, Nishkam KarmYoga.	a Kaiiiia i	oga, Gyan i oga,	
II	Jainism: The doctrine of Anekantavada. Syadavada and	Santabha	anginava Doctrina of	. 09
11	Substance, Concept of Bandhan and Moksha.	Sapiaoni	angmaya. Docume of	09
	Early Buddhism: The doctrine of four noble Truths, espe	ecially th	e doctrine of	
	Pratiyasamutpada and Nirvana. Theory of Ashtangik Mar	-		
	and No-soul theory. The ideal of Bodhisattva. The distinc	_		
	Mahayan.	HOH DELW	con minyana anu	
	Rasic Information of Soutrantik and Vaibhashik			

0 0 0			0 0 0 0 0 0
III	Samkhya and Yoga Philosopl	ny, Concept of Satkaryavada, Purusa and Prakriti.	09
	Arguments for the existence of	of Prakriti and Purusa. The plurality of Purusa. The theory	
	of three Gunas. Evolution The	eory.	
IV	Nyaya Philosophy: Nyaya the	cory of four pramanas Pratyaksha, Anumana, Upamana and	09
	Shabda, Vyapti and its kinds.	Hetvabhas and its kinds, Concept of God.	
V	Shankaracharya: Meaning of	Advaita Philosophy. The nature of Brahman. The nature of	09
	Maya, the nature of self, Con-	cept of God, Jiva and Jagat, the means of Moksha as sadhan	
	chatushtaya.		
	Ramajujacharya: Brahman an	d God, the qualities of God, the meaning of Vishishtadvait,	
	the enterpretation of Tattvam	asi, the theory of creation, the Problem of Videhmukti, the	
	means of moksha, Refutation	of Maya theory of Shankaracharya by Ramanujacharya.	
Sugge	ested Readings:		
1.	D. M. Datta and S.C. Chatterji	: An Introduction of Indian Philosophy	
2. 1	H. M. Jha and N. Mishra	: The Hindi Translation to the above.	
3.	B. N. Singh	: Bhartiya Darshan	
4.	S. L. Pandey	: Bhartiya Darshan ka Sarvekshan (only relevant chapters)	
5.	C. D. Sharma	: Indian Philosophy	
6.	Arvind Shukla	: Bhartiya Darshan ke Astik Sampradaya	
7.	Arvind Shukla	: Bhartiya Darshan ke Nastik Sampradaya	
Conti	inuous Evaluation Methods –		
Conti	inuous Internal Evaluation shal	1 be of 40% in two Steps in a Semester, C1 (After 45 Day	s) & C2
(Afte	r 90 Days) respectively. Marks	of Each Internal Assessment will be distributed as under	;
Assig	gnment/Practical/Projects – 05	Marks	
Inter	nal Class Test – 10	Marks	
1			

05 Marks

 $Attendance/Behavior\,-\,$

Programme: B.	A./B.A. (Honours/Hounours with Researc	ch) in Year	: B.A. 1 st	Semester: Ist
Philosophy		Year	•	
Pedagogy:				
Course Code: PI	HIIKS – 2301	Cour	se/Paper Title:	Introduction to
				Indian Knowledge
				System
Course Outcom	es: After completing this course, the studen	ts will be able t	0 -	
CO 1: Explain th	ne foundational Concepts & Principles of IK	S.		
CO 2: Explain th	ne historical development and evolution of Ir	ndian Intellectu	al traditions.	
CO 3: Explain t	he knowledge key texts, thinkers, and schoo	ls of thought w	ithin the IKS.	
CO 4: Analyze	the interdisciplinary nature of Indian known	owledge, integ	grating philoso	phy, spirituality,
science, arts, ar	nd literature though the study of IKS.			
CO 5: Explain t	CO 5: Explain the holistic and multidimensional nature of Indian Thought.			
Credit: 03	P	Paper (Core Compulsory / Elective): Core		
		Compulsory		
Max. Marks: 40	+ 60			
Total Number of	Lectures (Lecture – Tutorials – Practical): 2	2+1+0 (30+1)	5)	
Units:	Topics:			No. of Lectures
I	Introduction to Indian Knowledge Syste	em		06
	 Definition, Concepts and Scope of IKS based approache on Indian K Guru (teacher) Understanding the concepts the four purusharthas (goals) 	Inowledge Syst		

II	 Vedic Knowledge and Philosophy Study of the Vedas, including the Rigveda, Yajurveda, Samaveda, and Atharvaveda Introduction to Upanishads and their metaphysical and philosophical teachings Analysis of the six orthodox (astika) schools of Indian philosophy (e.g., Nyaya, Vaisheshika, Yoga, Samkhya, Mimamsa, and Vedanta) 	06
III	 Unit 3: Spiritual and Mystical Traditions Exploration of Hindu spiritual traditions, including Bhakti, Karma, Jnana, and Raja Yoga Study of Advaita Vedanta and its nondualistic philosophy Introduction to other spiritual paths like Tantra and Sufism in the Indian context 	06
IV	 Scientific and Technological Advancements Examination of ancient Indian contributions to mathematics, astronomy, and medicine Study of scientific treatises such as Aryabhatiya, Sushruta Samhita, and Charaka Samhita Exploration of the Indian concept of time, measurement, and cosmology 	06
V	 Indian Arts, Literature, and Aesthetics Analysis of Indian classical music, dance, and theater traditions Study of classical Sanskrit literature, including the works of Kalidasa and Valmiki Understanding the concept of rasa (aesthetic experience) and its manifestations in Indian arts Modern Interpretation and Contemporary Relevance 	06

Suggested Readings:

- "Indian Philosophy: A Very Short Introduction" by Sue Hamilton
- "A History of Indian Philosophy" by Surendranath Dasgupta
- "Indian Philosophy: A Critical Survey" by Chandradhar Sharma
- "India: A History" by John Keay
- "The Wonder That Was India" by A.L. Basham
- "Ancient India" by R.S. Sharma
- "The Oxford History of India" edited by Percival Spear
- "A History of Indian Literature" (multiple volumes) by Sisir Kumar Das
- "Indian English Literature" by M. K. Naik
- "The Norton Anthology of World Literature: India, Pakistan, and Bangladesh" edited by Sarah Lawall
- "Indian Art" by Partha Mitter
- "The Art and Architecture of the Indian Subcontinent" by J.C. Harle
- "Indian Architecture: Buddhist and Hindu Period" by Percy Brown
- "The Crest of the Peacock: Non-European Roots of Mathematics" by George Gheverghese Joseph
- "Indian Science and Technology in the Eighteenth Century" by Dharampal
- "Raga Mala: The Autobiography of Ravi Shankar" by Ravi Shankar
- "The Ragas of North India" by Walter Kaufmann
- "The Complete Book of Ayurvedic Home Remedies" by Vasant Lad
- "Ayurveda: The Science of Self-Healing" by Vasant Lad
- "The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar
- "The Yoga Sutras of Patanjali" translated by Swami Satchidananda

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation (CIL)

Total marks for each course shall be based on internal assessment (20%) and semester end examination (80%). The internal assessment of 20% shall be distributed as under:

- (i) Internal Class Test 10%.
- (ii) Assignment/Project/Practical 5%
- (iii) Attendance/Behavior 5%.

Minor Course: For Students of Other Discipline/Subject

Programme: B.A. (Honours/Honours with	Year: B.A. Ist Year	Semester: Ist
Research) in Philosophy		
Pedagogy:		
Course Code: MPHI01	Course/Paper Title:	Yoga and
		Good Health
		(Minor Paper
		for Other
		Discipline)

Course Objectives:

- To introduce the philosophy and science of yoga for physical and mental well-being.
- To create awareness about the importance of a healthy lifestyle.
- To impart basic knowledge and practices of yoga for improving health.
- To help students manage stress and enhance concentration through yogic techniques.

Course Outcomes: After completing this course, the students will be able to -

CO1: Understand the concept, history, and types of Yoga and its relevance in modern life.

CO2: Demonstrate knowledge of human anatomy in relation to health and the preventive role of Yoga.

CO3: Perform selected yogic postures (Asanas) and understand their physical and therapeutic benefits.

CO4: Practice basic Pranayama and Meditation techniques for emotional balance and stress relief.

CO5: Adopt a yogic lifestyle and dietary habits conducive to good health and well-being.

Credit: 03	Paper (Core Compulsory / Elective): Elective
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks : 35
m 137 1 27 /7 m 11	7 1 1 1 1 1 1 1 1 1

Total Number of Lectures (Lecture – Tutorials – Practical): 45+0+0

Units:	Topics:	No. of
		Lectures
I	Introduction to Yoga	9
	 Meaning, definition and brief history of Yoga 	
	Objectives and significance of Yoga	
	 Types of Yoga: Karma Yoga, Bhakti Yoga, Jnana Yoga, Raja Yoga 	
	 Misconceptions and relevance of Yoga in modern life 	
II	Human Body and Health	9
	 Concept of health: WHO definition and Yogic perspective 	
	 Structure and function of major systems: Digestive, 	
	Respiratory, Circulatory, Nervous	
	 Role of Yoga in maintaining and restoring health 	
	 Common lifestyle disorders: causes and preventive aspects 	
III	Asanas (Yogic Postures)	9
	Classification and benefits of Asanas	
	 Guidelines and precautions for practicing Asanas 	

	 Practice of selected Asanas: Standing (e.g., Tadasana, Trikonasana) Sitting (e.g., Padmasana, Vajrasana) Supine (e.g., Bhujangasana, Setu Bandhasana) Prone (e.g., Dhanurasana, Shalabhasana) 	
IV	 Pranayama and Meditation Concept and types of Pranayama Scientific and therapeutic aspects of Pranayama Techniques of basic Pranayama: Anulom-Vilom, Bhramari, Kapalbhati Introduction to Meditation: techniques and benefits Role in stress reduction and mental health 	9
V	 Yogic Lifestyle and Nutrition Elements of a yogic lifestyle: Ahimsa, Satya, Brahmacharya, etc. Daily routine and discipline as per yogic guidelines Importance of sattvic diet for health and spiritual growth Detoxification practices: Kriyas (Jal Neti, Trataka – demo based 	9

Suggested Readings

1. Swami Satyananda Saraswati

Asana Pranayama Mudra Bandha

- Bihar School of Yoga, Munger

(A comprehensive guide to physical and breathing practices of yoga)

2. Dr. H.R. Nagendra & Dr. R. Nagarathna

Yoga for Promotion of Positive Health

- Swami Vivekananda Yoga Prakashan

(Focus on yoga for preventing and managing common health issues)

3. B.K.S. Iyengar

Light on Yoga

- HarperCollins Publishers

(Detailed instructions on asanas, pranayama, and yogic philosophy)

4. Dr. R. Sharma

Yoga and Health

New Age Books

(An accessible introduction to yoga as a system for health and wellness)

5. Swami Kuvalayananda

Pranayama

- Kaivalyadhama, Lonavla

(Classical text on the science and benefits of breath control techniques)

6. Government of India, Ministry of AYUSH

Common Yoga Protocol

(Official manual with step-by-step instructions, ideal for beginners and academic purposes) Available online at: https://yoga.ayush.gov.in

7. Swami Sivananda

The Science of Pranayama

- Divine Life Society

(A spiritual and health-oriented view of breath regulation)

8. Taimni, I.K.

The Science of Yoga

- The Theosophical Publishing House

(Interpretation of Patanjali's Yoga Sutras in a modern context)

9. O.P. Tiwari

Asana Why and How

Kaivalyadhama

(Clear explanation of the effects and scientific basis of yoga postures)

10. Yoga Education Textbook for Class XI & XII

- NCERT, New Delhi

(Ideal for academic foundational reference and health education)

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Other Courses to Opt:

AEC: Ability Enhancement Course

Skill Enhancement Course (SEC): To be Choosed from POOL C

Value Added Course: To be Choosed from POOL D

SEMESTER-II

Program	me: B.A. (Honours/Hounours with Research) in	Year: B.A. 1st	Year	Semester:
Philosop	hy			\mathbf{H}^{nd}
Pedagog	y:			
Course C	ode: PHI-23102	Course/Paper	Ethics (We	stern and
		Title:	Indian)	
Programi	ne Outcome:			
Tl	ne chief concern and presuppositions of Western ethics	and considerably different	ent from the	se of Indian
ethics. Th	nere is no ever-present and inexorable link between ethic	cs, religion and philoso	phy in the V	Vest as in
India. Th	erefore, a wide variety of distinct ethical theories have	developed in the West.	This course	is meant to
introduce	the students to the main types of ethical theories in the	West.		
Course (Dutcomes: After completing this course, the students w	ill be able to -		
CO 1: be	aware of Definition and scope of Ethics.			
CO 2: uti	litiarism theory of Benthom, Mill & Sidgwicks.			
CO 3: be	CO 3: be aware of Kant's theory of Categorical Imperative and Duty for duty sake.			
CO 4: be	aware about Theory of Karm and its Phal.			
CO 5: be	aware of Nishkam Karm yoga of Bhagwatgeeta.			
Credit: 0	4 + 01 = 05	Paper (Core Compulso	ory / Electiv	e): Core
		Compulsory		
Max. Ma	rks: (60 + 40) = 100	Min. Passing Marks : 3	35	
Total Nu	mber of Lectures (Lecture – Tutorials – Practical): 60 +	15 = 75		
Units:	Topics:			No. of
				Lectures
I	Definition, Nature and Scope of Ethics, Postulates of	Morality, Problem of Fr	ee Will,	12
	The Nature and Object of Moral Judgement, Motives,	Intension (Butler) Ends	s and	
	Means.			
II	Teleological Ethics: Hedonism, Psychological and Eth	nical Hedonism, Egoisti	c and	12
	Altruistic Hedonism. Utilitarianism of Benthum, Mill	and Sidgwicks.		

III	Deontological Ethics: Kant's Doctrine of categorical Imperative and its formulation,	12
	the doctrine of good will, The doctrine of 'duty for duty sake'. Perfectionism of	
	Hegel, Green's theory of common good and Bradley's view of 'my station and its	
	duties'.	
IV	Indian Ethics: In Indian thought all ethical thinking has always been firmly rooted in	12
	philosophy and religion. The goal of ethical behavior has always been linked to the	
	ultimate goal of human life as conceived in different classical systems of Indian	
	philosophy. Ethical thinking in India has also been consistently cosmocentric and duty-	
	oriented. This part of the paper aims at introducing the students to the distinctive	
	element of Indian thinking on ethics.	
	Introduction: concerns and presupposition theory of karma. The Ethical Philosophy of	
	Bhagavatagita (Nishkam Karma, Sthitpragya and Loksangrah) Concept of Purushartha	
	(Dharma, Artha, Kama and Moksha), Concept of Rita and Rina.	
V	Buddhist Ethics: the four noble truths and the Eight fold paths Jain Ethics, Theory of	12
	Ahimsha, Anuvrat and Mahabharat.	
Suggeste	ed Readings:	
1. Wi	lliam Lillie : Introduction to Ethics	
2. S. I	L. Pandey : Niti Shastra ka Sarvekshana	
3. V.	P. Varma : Nitishastra ke Mool Siddhanta	
4. Jat	a Shankar : Naitik Darshan ke Vividh Ayam	
5. J. I	. Mackie : Ethics	
Suggest	ed continuous E-Valuation Methods –	
Continu	ous Internal E-Valuation shall be based on allotted assignment and class text. The marks sh	all be as
follows-		
Assignm	ent/Practical/Projects - 05 Marks	
Internal	Class Test – 10 Marks	

Minor Course: For Students of Other Discipline/Subject

05 Marks

Attendance / Behavior -

Programme: B.A./B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. Ist	Year	Semester: II nd
Pedagogy:	l		
Course Code: MPHI02	Course/Paper	Philosophy of vivek	anand (Minor
	Title:	Paper for Other Disc	ipline)
 Course Objectives To understand the philosophical and spects of Vector To explore the practical aspects of Vector To examine Vivekananda's views on examine Course Outcomes: After completing this examine Col: Comprehend the life and mission of Swar Col: Analyze the essential philosophical ideas implications. CO3: Apply his vision of education in the contol CO4: Reflect on the role of religion and spiritur CO5: Evaluate the social, national, and global in the contol conto	danta and its releved ucation, religion er, leadership, and course, the stude emi Vivekananda es of Vivekananda ext of holistic hurality in ethical liv	ance to modern life. In, nationalism, and social ethical responsibility. Ints will be able to - In historical and spiritual rooted in Vedanta and the man development. In and interfaith harmo	contexts. neir practical
Credit: 03	Credit: 03 Paper (Core Compulsory / Elective): Elective		
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks: 35		
Total Number of Lectures (Lecture – Tutor	Total Number of Lectures (Lecture – Tutorials – Practical): 45+0+0		

Units:	Topics:	No. of
		Lectures
I	Life and Historical Context	9
	A brief biography of Swami Vivekananda	
	Socio-political and cultural context of 19th century India	
	Meeting with Sri Ramakrishna and spiritual awakening	
	• Significance of Chicago Parliament of Religions (1893)	
II	Core Philosophical Teachings	9
	 Concepts of Self, God, and Universe 	
	Advaita Vedanta and its practical application	
	Synthesis of the four Yogas: Jnana, Bhakti, Karma, Raja	
	Idea of universal religion and tolerance	
III	Education and Human Development	9
	Vivekananda's concept of man-making education	
	Education for character building and nation-building	
	Emphasis on self-confidence, strength, and service	
	Role of teacher and student in moral upliftment	
IV	Religion and Spirituality	9
	Religion as realization	
	Harmony of religions	
	Spiritual democracy and inner development	
	Science and spirituality: a modern outlook	
V	Vivekananda and Modern Society	9
•	Views on social reform and upliftment of the masses	
	Role of women in society	
	Nationalism, youth empowerment, and leadership	
	Relevance of Vivekananda in contemporary global context	
7 .	Relevance of vivekananda in contemporary global context Deadings	

Suggested Readings

- 1. Swami Vivekananda Complete Works of Swami Vivekananda, Advaita Ashrama (9 Volumes)
- 2. Swami Nikhilananda Vivekananda: A Biography, Ramakrishna-Vivekananda Center, New York
- 3. Romain Rolland The Life of Vivekananda and the Universal Gospel
- 4. Swami Tapasyananda Swami Vivekananda: His Gospel and Message
- 5. A.R. Mohapatra *Philosophy of Swami Vivekananda*
- 6. G.P. Sinha Philosophy of Swami Vivekananda: A New Perspective
- 7. Chatterjee, Margaret Vivekananda: The Living Vedanta
- 8. Nirmal Selvamony (ed.) Swami Vivekananda: His Legacy and Relevance
- 9. Ministry of Education, Government of India *Vivekananda's Educational Philosophy* (available online under Value Education resources)

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Other Courses:

AEC: Ability enhancement Course

Skill Enhancement Course (SEC): To be Choosed from POOL C

Value Added Course: To be Choosed from POOL D

<u>Exit Option:</u> Undergraduate Certificate (in the field of learning/discipline) for those who exit after the first year (two semesters) of the undergraduate programme. (Programme duration: first year or

SEMESTER-III

Programme: B.A. (Honours/Hounours with	Year: B.A. 2 nd Year	Semester: III rd
Research) in Philosophy		
Pedagogy:		
Course Code: PHI-23103	Course/Paper Title:	Modern Western
		Philosophy
D 0.4		•

Programme Outcome:

The chief concern and presuppositions of Western ethics and considerably different from those of Indian ethics. There is no ever-present and inexorable link between ethics, religion and philosophy in the West as in India. Therefore, a wide variety of distinct ethical theories have developed in the West. This course is meant to introduce the students to the main types of ethical theories in the West. Philosophy in West has also been decisively influenced by the content as well as method of scientific thinking. The aim of this course is to acquaint the students with its board outlines. Since quite a few of the topic in this paper are going to be discussed in detail in the papers on Western logic, ethics, epistemology and metaphysics, only a broad and general account of the topics is aimed at in this paper.

Course Outcomes: After completing this course, the students will be able to -

- CO 1: Explain Philosophical view of Descartes as the method of doubt cogito Ergosum.
- CO 2: Explain Philosophical view of Spinoza as Pantheism, Substance and its attributes.
- CO 3: Explain monad theory of Leibnitz.
- CO 4: Be aware Lock's theory of knowledge. Indialism of Berkley and Hume's theory of knowledge.
- CO 5: Be aware of criticism views of Kant.

Credit: $03 + 01 = 04$	Paper (Core
	Compulsory /
	Elective): Core
	Compulsory
Max. Marks : $(60 + 40) = 100$	Min. Passing
	Marks: 35

Total Number of Lectures ($\overline{\text{Lecture} - \text{Tutorials} - \text{Practical}}$): 45 + 15 = 60

Units:	Topics:	
		Lectures
I	1. The characteristics and relevance of classical Greek Philosophy	09
	and Modern Western Philosophy	
	2. Descartes: method of doubt and four rules of investigation	
	according Descartes. Cogito ergo sum. Proofs for the existence of	
	God and the world. Mind-body relaction: Interactionism and	
	Occasionalism.	
II	1. Spinoza: Spinosa's Monism. Pantheism, Substance, attributes and	09
	modes. Mind body relation Intellectual Love with God.	
	2. Philosophical view of Leinitz: Monad Theory, Preestablish	
	hormony, mind-body relation.	

III	1.	Lock's Theory of Empiricism. Lock's criticism of Innate ideas.	09
	2.	Lock's theory of knowledge, Origin, Proof and limits of	
		knowledge, primary and secondary qualities.	
IV	1.	Berkley's Criticism of Locke's realism, Berkley's Idealism, Esse	09
		est percipi, Refutation of abstract ideas, Berkeley's contributions	
		of Empiricism and self. His theory of causality.	
	2.	Hume's theory of knowledge, his refutation of the existence of	
		God and self, his refutation of causality, Hume's Skepticism.	
		Hume's contribution to Empiricism.	
V	1.	Kant's ideas of criticism, synthetic apriori judgment. Space and	09
		time. Critique of Pure Reason, Categories, Thing in itself,	
		Postulates of morality.	

Suggested Readings:

1. Thilly and wood : History of Philosophy

2. S. L. Pandey : Adhunik Darsan ki Bhumika

3. J. S. Srivastava : Adhunik Darshan ka Vaigyanik Itihas

4. C. D. Sharma : Pashchatya Darshan

5. H. S. Upadhyay : Pashchatya Darshan ka Udbhava aur Vikas
6. D. J. O. (ed), : A Critical History of Western Philosophy

7. B. N. Singh : Western Philosophy

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

_	B.A. (Honours/Honours with Research) in	Year: B.A. 2 nd Year	Semester: III rd
Philosophy			
Pedagogy:	PHIIKS – 2302	C/D	A1: - 1 IVC 1.
		Course/Paper Title:	Applied IKS-1: Philosophy
	omes: After completing this course, the students will be al	ble to -	
	the the foundational Concepts & Principles of IKS.		
	the historical development and evolution of Indian Intelle		
	the knowledge key texts, thinkers, and schools of though		
•	e the interdisciplinary nature of Indian knowledge, in	ntegrating philosophy	, spirituality,
science, arts,	and literature though the study of IKS.		
CO 5: explain	the holistic and multidimensional nature of Indian Thoug	ght.	
Credit: 03			Paper (Core
			Compulsory /
			Elective): Core
			Compulsory
Max. Marks:	60 + 40		Min. Passing
			Marks: 35
Total Number	of Lectures (Lecture – Tutorials – Practical): 2 + 1 + 0 (3	30 + 15)	
Units:	Topics:		No. of Lectures
I	Unit- I: Introduction to Indian Philosophical Tra	ditions	06
	 Overview of major Indian philosophical 	schools and their	
	historical context.		
	 Comparative analysis of Indian and Wes 	tern approaches to	
	philosophy.		
	 Understanding the relevance of Indian p modern world. 	philosophy in the	
II	Unit-II: Epistemology and Perception		
	 Study of Indian theories of knowledge (I classification. 	Pramana) and their	06
	 Application of Indian epistemological co 	ncepts to issues in	
	cognitive science and philosophy of per	ception.	
	 Discussion on the nature of perception a philosophies. 	according to Indian	
III	Unit-III: Metaphysical Foundations		06
	Exploration of key metaphysical concept	ts in Indian	
	philosophy (Brahman, Atman, Maya).		
	Comparative study of Indian metaphysic	cal ideas and	
	Western metaphysical traditions.		
	Application of Indian metaphysical conc	epts to discussions	
	on existence and reality.		
IV	Unit-IV: Ethics and Moral Philosophy		06
	 Examination of ethical theories in Indian (Dharma, Karma, Ahimsa). 	n philosophy	
	 Application of Indian ethical principles to ethical dilemmas. 	o contemporary	
	Ethical implications of Indian philosophi	es for	
	environmental ethics and social justice.		

V	 Unit-V: Self, Consciousness, and Identity Study of Indian theories of consciousness and self (Atman, Anatta). 	06
	 Integration of Indian concepts of consciousness with modern philosophy of mind. Application of Indian insights into the nature of self to debates on personal identity and consciousness. 	

Suggested Readings:

- "Indian Philosophy: A Very Short Introduction" by Sue Hamilton
- "A History of Indian Philosophy" by Surendranath Dasgupta
- "Indian Philosophy: A Critical Survey" by Chandradhar Sharma
- "India: A History" by John Keay
- "The Wonder That Was India" by A.L. Basham
- "Ancient India" by R.S. Sharma
- "The Oxford History of India" edited by Percival Spear
- "A History of Indian Literature" (multiple volumes) by Sisir Kumar Das
- "Indian English Literature" by M. K. Naik
- "The Norton Anthology of World Literature: India, Pakistan, and Bangladesh" edited by Sarah Lawall
- "Indian Art" by Partha Mitter
- "The Art and Architecture of the Indian Subcontinent" by J.C. Harle
- "Indian Architecture: Buddhist and Hindu Period" by Percy Brown
- "The Crest of the Peacock: Non-European Roots of Mathematics" by George Gheverghese Joseph
- "Indian Science and Technology in the Eighteenth Century" by Dharampal
- "Raga Mala: The Autobiography of Ravi Shankar" by Ravi Shankar
- "The Ragas of North India" by Walter Kaufmann
- "The Complete Book of Ayurvedic Home Remedies" by Vasant Lad
- "Ayurveda: The Science of Self-Healing" by Vasant Lad
- "The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar
- "The Yoga Sutras of Patanjali" translated by Swami Satchidananda

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

MINOR ELECTIVE: To be choosed by Students of Other Discipline

Programme: B.A. (Honours/Honours with	Year: B.A. 2 nd Year		Semester: III rd
Research) in Philosophy			
Pedagogy:			
Course Code: MPHI03	Course/Paper	Applied Yoga	
	Title:	(Minor Paper f	or Other
		Discipline)	

Programme Outcome:

Applied yoga is very important and useful for the sound health and for the welfare of human beings. For the wellness of human being in this paper Several topics included as Asans, Pranayams, Astang Yoga etc.

Course Outcomes: After completing this course, the students will be able to -

CO 1: be aware of Asans and its effect for good health.

CO 2: be aware of Pranayama.

CO 3: be aware of Shuddhi kriya.

CO 4: Yoga views in several schools.

CO 5: be aware of Human consciousness.

	Paper (Core Compulsory / Elective): Elective
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks: 35

Total Number of Lectures (Lecture – Tutorials – Practical): 2+0+0: 30

Units:	Topics:	No. of Lectures
I	Asanas: Vajrasan, Vrikshasan, Tadasan, Padmasan,	6
	Ardhakatichakrasan, Surya Namaskar; Ashan and health	
II	Pranayam: Anuloma – Viloma, Kapal Bhati, Pranayam and	6
	Health	
	Shudhi Kriya: Jalneti, Vaman Dhouti (Kunjal)	
III	Ashtang Yoga nad its kinds, (Yama, Niyama, Asan, Pranayam,	6
	Pratyahar, Dharana, Dhyana & Samadhi)	
IV	Yoga views in Geeta, Upanishad, Shat Darsan, Buddhism and	6
	Jainism. Satkaryavad, Prakriti, Purush and Evolution theory of	
	Sankhya Philosophy. Concept of Hath yoga and Kriya yoga.	
V	Human consciousness in Ved, Upanishad, Shat Darshan,	6
	Buddhism and Jainism.	

Suggested Readings:

Suggested Readings for "Applied Yoga"

1. Swami Satyananda Saraswati

Asana Pranayama Mudra Bandha

- Bihar School of Yoga
- Comprehensive manual for yoga practices used in therapeutic and applied settings.
- 2. Dr. H.R. Nagendra & Dr. R. Nagarathna

Yoga for Common Ailments

- Swami Vivekananda Yoga Prakashan
- Focuses on the application of yoga to manage health problems such as asthma, diabetes, hypertension.
- 3. B.K.S. Iyengar

Yoga: The Path to Holistic Health

- Dorling Kindersley / HarperCollins
- Visual guide to Iyengar yoga, with sequences for specific health conditions.
- 4. Swami Kuvalayananda

Asanas

- Kaivalyadhama, Lonavla
- Classical text explaining the physiological benefits of yoga postures.
- 5. T.K.V. Desikachar

The Heart of Yoga: Developing a Personal Practice

- Inner Traditions International
- A practical and individualized approach to yoga, combining philosophy and therapy.
- 6. Dr. R. S. Bhogal

Psycho-physiology of Yoga

- Kaivalyadhama
- Discusses the scientific and psychological basis of yogic practices in applied contexts.
- 7. Government of India, Ministry of AYUSH

Common Yoga Protocol

• A structured guide for practice-oriented yoga, especially for health and public programs.

Download: https://yoga.ayush.gov.in

8. Dr. Ishwar V. Basavaraddi (MDNIY)

Yoga in Education

- Morarji Desai National Institute of Yoga
- Insights into integrating yoga into school and college curricula.
- 9. Swami Siyananda

Yoga for Health

- The Divine Life Society
- A concise book addressing yoga for daily living, vitality, and healing.
- 10. N.K. Subramaniam (Ed.)

Yoga: Its Scientific and Applied Aspects

- University Grants Commission (UGC) Publication
- Suitable for academic references and research in applied yoga.

This course can be opted as an elective by the students of following subjects –

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Other Courses to Opt:

AEC: Ability Enhancement Course

Skill Enhancement Course (SEC): To be Choosed from POOL C

Value Added Course: To be Choosed from POOL D

SEMESTER-IV

Programme: I	Semester: IV th			
Philosophy P. I.				
Pedagogy:	DVV 22104	Course/Paper	<u> </u>	
Course Code	gic			
		Title:		
Programme (
•	stem of logic formulated by Aristotle nea	•	•	_
	tantial changes until modern symbolic lo	•		• •
	century. Among other things, Questions	=		
_	whether every proposition is subject-pre		_	
	nport of propositions played an importan		_	
	g the student to the basic elements of We			way.
	omes: After completing this course, the s	students will be abl	le to -	
	are of Categorical proposition.			
	are about Definition and its kinds.			
CO 3: be aw	are about Traditional squire.			
CO 4: to aqu	nainted to Mill's method.			
CO 5: to awa	are the method of proving validity of arg	ument by Truth Ta	ble.	
Credit: 04 +	01 = 05		Paper (Co	ore Compulsory
	: Core			
	ory			
Max. Marks	sing Marks : 34			
Total Numbe	er of Lectures (Lecture – Tutorials – Prac	etical): $60 + 15 = 7$	5	
Units:	Topics:			No. of Lecture
I	1. The nature, definition and scope of	f logic. Distinction		12
	between Deductive and inductive	Logic. Distinction		
	between Truth and Validity. The n	nature and illustrati	on of	
	thinking.			
	2. Functions of language: and it's kin	nd, Definition genu	s by	
	differentia.			
	3. Informal Fallacies – Their definition	ons and detection.		
	Fallacies of Relevance and Fallaci	es of Ambiguity.		
II	1. Casual connection and, Mill's met	thods of Experimen	ntal	12
	enquiry. The method of Agreemen	nt, the method of		
Difference, Joint method of Agreement and Difference, the method of con-comitant Variation and the method of				
	method of con-comitant variation			
	Residues.			
III		nds. Traditional Squ	uire	12
III	Residues.	-		12
III	Residues. 1. Categorical proposition and its kin opposition and its kinds. Inference	-		12
III IV	Residues. 1. Categorical proposition and its kin opposition and its kinds. Inference Import.	and its kinds, Exis	stential	12
	Residues. 1. Categorical proposition and its kin opposition and its kinds. Inference Import.	e and its kinds, Exis	stential	

	0 0 0 0 0			
	2. Disjunctive and Hypothetical syllogism.			
	3. Diler	Dilemma.		
V	1. Sym	oolic Logic, Conjunctic	on, Disjunction, Negation,	12
	Conc	litional statement and n	naterials implications, Argument	
	and A	Argument form, Statem	ents and statement form,	
	Prov	ing validity of Argume	nt and statement by Truth Table	
	techr	ique. Demargan's The	orems. The Law of thought.	
	2. Form	nal proof of validity.		
Suggested Re	eadings:			
1. I. M. Co	pi		: Introduction to Logic	
2. Pandey a			: tarkshastra ka Parichay	a (Copi's
3. Cohen ai				
4. Rammur				thods
5. Avinash				
6. Arvind S	Shukla		: Symbolic Logic	
	: Nigmanatmak Tarkshas			htra
Suggested co	ntinuous E	-Valuation Methods –		
Continuous In	ternal Evalı	nation shall be of 40% in	two Steps in a Semester, C1 (After 4:	5 Days) & C2
(After 90 Days	s) respective	ely. Marks of Each Intern	al Assessment will be distributed as u	under;
	•	jects – 05 Marks		
Internal Class Test – 10 Marks				
Attendance/Behavior – 05 Marks				

MINOR ELECTIVE: For Students of Other Discipline

Programme: B.A. (Honours/Honours with	Year: B.A. 2 nd Year	Semester: IV th		
Research) in Philosophy				
Pedagogy:				
Course Code: MPHI04	Course/Paper S	Scientific Approaches of Yoga		
	Title: (Minor Paper for Other		
	I	Discipline)		
Programme Outcome:				
In End Semester Examination, there v	vill be Ten questions i	n all, two from each unit. The		
candidate should be attempted only Five qu	estions selecting one of	question from each unit.		
Course Outcomes: After completing this c	ourse, the students wil	l be able to -		
CO 1: be aware of Yoga and its concept.				
CO 2: be aware Physiological Effects of Yoga.				
CO 3: be aware of Neuroscientific and Other Aspects of Yoga				
CO 4: be aware of Research Methodologies in Yoga				
CO 5: be aware of Applications of Scientific Yoga.				
Credit: 02	Credit: 02 Paper (Core Compulsory / Elective): Elective			
Max. Marks : $(60 + 40) = 100$	Min. Passing Marl	xs:35		
Total Number of Lectures (Lecture – Tutorials – Practical): 30				

Units:	Topics:	No. of
		Lectures
I	 Overview of the scientific method and its application in yoga research History of yoga research and its evolution Importance of scientific inquiry in yoga 	6
II	 Anatomy and physiology of the human body Effects of yoga on cardiovascular health, respiratory system, and nervous system Physiological changes during yoga practices (asanas, pranayama, meditation) 	6
III	 Psychology of yoga: stress, anxiety, and emotional regulation Neuroscientific basis of yoga: brain structure, function, and neuroplasticity 	6
	 Effects of yoga on cognitive function, mood, and behavior 	
IV	 Overview of research designs and methodologies in yoga research Quantitative and qualitative research methods Measuring outcomes in yoga research: physiological, psychological, and self-report measures 	6
V	 Yoga therapy: evidence-based practices for various health conditions Yoga in healthcare: integration with conventional medicine and prevention Yoga in education: promoting physical and mental wellbeing in schools and universities 	6

Suggested Readings:

1. Prof. Dr. P.K. Aiyasamy : Science of Yoga: A Comprehensive

2. Ann Swanson Approach

: Science of Yoga

This course can be opted as an elective by the students Other Discipline: Syllabus provides a comprehensive overview of the scientific approaches to yoga, covering physiological, psychological, and neuroscientific aspects, as well as research methodologies and applications.

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

 $Assignment/Practical/Projects - 05 \ Marks \\ Internal \ Class \ Test - \\ 10 \ Marks$

Attendance/Behavior – 05 Marks

Other Courses:

AEC: Ability Enhancement Course

Skill Enhancement Course (SEC): To be Choosed from POOL C

Value Added Course: To be Choosed from POOL D

<u>Exit Option:</u> Undergraduate Diploma (in the field of learning/discipline) for those who exit after two years (four semesters) of the undergraduate programme (Programme duration: First twoyears or four semesters of the undergraduate programme) [NHEQF Level 5.0]

SEMESTER-V

Programme: I Philosophy	3.A. (Honours/Honours with Research) in	Year: B.A. 3 rd Year	Semester: Vth		
Pedagogy:					
Course Code: PHI-23105 Course/Paper Title:			Philosophy of Religion		
Course Out	comes: After completing this course, th	ne students will be able to	-		
CO 1: Be aw	vare of Nature and Scope of Philosophy	of Religion.			
CO 2: Be aw	vare of Traditional Arguments for provi	ng existence of God.			
CO 3: Be aw	vare of Problem of Evil and its solution.				
CO 4: Be aw	vare of aquainted attributes of God.				
CO 5: Be aw	vare of Concept of Immortality of Soul	and Pathways of Bandhar	n and Moksha.		
Credit: 03 +	Paper (Core				
			Compulsory /		
			Elective): Core		
	Compulsory				
Max. Marks: $(60 + 40) = 100$			Min. Passing		
	Marks: 35				
Total Number	er of Lectures (Lecture – Tutorials – Pra	actical): $45 + 15 = 60$			
Units:	Topics:	No. of Lectures			
I	1. Nature and scope of Philosophy	09			
	between theology and Philosoph				
	and Ethics, comparison of Religi				
	2. Religion without God: Attributes and Pantheism.	s of God, Deism, theism			
II	Foundations of Religious Belief. Revelation and Mysticism.	09			
III	Traditional Arguments for proof Ontological, Cosmological, Teli	1. Traditional Arguments for proof of Existence of God as Ontological, Cosmological, Teliological and Moral			
IV	Argument. 1. The problem of Evil. Kinds of E theism.	vil, Problem of Evil and	09		
	2. Meeting points of all religions, c	conversions of religion,			

V		rtality of Soul, Concept al schools.	t of Moksha and its paths in	09		
Suggested Re	adings:					
1. I. M. Copi			: God and reaso	: God and reason-Historical		
2. J. Hick			approach to Ph	approach to Philosophical		
3. L. N. Sharma			Theology	Theology		
4. Hriday Narayan Mishra			: Philosophy of	: Philosophy of Religion		
5. Shiv Bhanu Singh		: Dharma Dara	: Dharma Darashan (in Hindi)			
			: Dharm Darsh	an		
			: Dharma Darashan (in Hindi)			
This course ca	an be opted	as an elective by the str	udents of following subjects	_		
Suggested con	ntinuous E-	Valuation Methods –				
Continuous Int	ernal Evalua	tion shall be of 40% in tw	vo Steps in a Semester, C1 (After	er 45 Days) & C2		
(After 90 Days) respectivel	y. Marks of Each Internal	Assessment will be distributed	as under;		
Assignment/Pr	actical/Proje	cts – 05 Marks				
Internal Class	Γest –	10 Marks				
Attendance/Be	havior –	05 Marks				

MINOR ELECTIVE : To be Choosed by Students of Other Discipline

Programme: B.A. (Honours/Honours with Res Philosophy		ch) in Year: B.A. III	Year: B.A. III rd Year					
Pedagogy:								
Course Code: MPHI05		Course/Paper	Indian Moral Values					
		Title:	(Minor Paper for other					
			discipline)				
Course Outo	Course Outcomes: After completing this course, the students will be able to -							
CO 1: Be aware about Human Value and Moral Values.								
CO 2: To intr	roduce moral value effect in kid	ls.						
CO 3: Describe moral value's importance for students.								
CO 4: Be awa	are of Moral and Human Value	in Bauddha and Jain I	Philosophy.					
CO 5: Importance of moral value in Education, Medical, Governance and Corporate Sectors.								
Credit: 03 Paper (Core Compulsory / Elective):				: Elective				
Max. Marks	: (60 + 40) = 100 Mi	Min. Passing Marks : 35						
Total Number of Lectures (Lecture – Tutorials – Practical): 45								
Units:	Topics:		No. of Lectures					
I	What are moral values. The In	mportance of moral va	lue in	9				
	decision making.	1 7 7 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2						
	Define Human Values and Mohuman value and moral values		e between					
II	Moral Value for Kids.	S.		9				
11	Describe Ten essential moral	values that built charac	eter and	,				
	instill positive behaviors in kie							
	Compassion, Hard Work, Kin		ing, Co-					
	operation, Responsibility and	Generosity.						

III	Human Values in Bauddha and Jain Phisolophy. Panch	9
	Mahabharata, Panch Anubrat.	
IV	Moral Value for Students. Family's top moral values for	9
	students to build a good character and good person in life.	
V	Difference between ethical value and moral value, Importance	9
	of Ethical Value in Education, Medical, Governance and in	
	Corporate Sectors.	

Suggested Readings for "Indian Moral Values"

Classical Texts (with translations and commentaries)

1. The Bhagavad Gita

- Translated by Swami Sivananda / Eknath Easwaran
- Core text on duty (Dharma), righteousness, and selfless action.

2. Manusmriti (The Laws of Manu)

- Translated by G. Buhler / Patrick Olivelle
- Classical source of Hindu moral law and social duties.

3. The Upanishads

- Translated by S. Radhakrishnan / Eknath Easwaran
- Philosophical basis for concepts like Satya (truth), Ahimsa (non-violence), and inner discipline.

4. Thirukkural by Thiruvalluvar

- Translated by G.U. Pope
- Ancient Tamil scripture dealing with virtue, wealth, and love—highly relevant to moral values.

Modern Interpretations and Ethical Discourse

5. Mahatma Gandhi

My Experiments with Truth

Autobiographical reflection on truth, non-violence, and personal ethics.

6. Swami Vivekananda

Selections from the Complete Works (especially "Ethics and Religion")

• Ethical principles rooted in Vedanta and their relevance to modern life.

7. Dr. S. Radhakrishnan

Indian Philosophy (Vol. I & II)

• Comprehensive view of Indian moral and spiritual ideas across schools of thought.

8. Aurobindo Ghose

The Human Cycle

• Discusses ethical evolution and the spiritual destiny of humanity through Indian values.

9. N. Veezhinathan (Ed.)

Foundations of Indian Ethics

- Indian Council of Philosophical Research (ICPR)
- Academic and philosophical approach to Indian ethical traditions.

Educational & Value-Based Literature

10. NCERT Textbook

Moral Values and Indian Culture (Value Education Series)

• Ideal for undergraduate-level foundation courses.

11. A. N. Kapoor

Indian Ethics and Moral Philosophy

• Concise and accessible overview of Indian ethical traditions.

12. Sivaramakrishnan (Ed.)

Cultural Heritage of India: Ethics and Spirituality

- Ramakrishna Mission Institute of Culture
- Multi-dimensional coverage of Indian moral thought in literature, arts, and life.

This course can be opted as an elective by the students of following subjects –

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2

 $(After\ 90\ Days)\ respectively.\ Marks\ of\ Each\ Internal\ Assessment\ will\ be\ distributed\ as\ under\ ;$

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

	3.A. (Honours/Honours with Research) in Ancient	Year: B.A. 3 rd Year	Semester: Vth
History			
Pedagogy:			
Course Code: PHIKS – 2303 Course/Paper Title:			
Course Outcor	nes: After completing this course, the students will be	e able to -	
	he the foundational Concepts & Principles of IKS.		
	he historical development and evolution of Indian Inte		
	the knowledge key texts, thinkers, and schools of thou	_	
CO 4: analyze	the interdisciplinary nature of Indian knowledge,	, integrating philosophy	, spirituality,
science, arts, a	and literature though the study of IKS.		
CO 5: explain	the holistic and multidimensional nature of Indian Tho	ought.	
Credit: 03	Paper (Core Compulsory / Elect	ive): Core Compulsory	
Max. Marks: 6	_		
	of Lectures (Lecture – Tutorials – Practical): 2 + 1 + 0	(30 + 15)	
Units:	Topics:		No. of Lectures
I	Unit-I: Philosophy of Language and Meaning		06
	Analysis of Indian theories of language		
	communication.		
	Application of Indian linguistic philoso		
	philosophy of language.		
	 Exploration of the role of language in reality. 	shaping thought and	
II	Unit-II: Aesthetics and Cultural Philosophy		
	Study of Indian aesthetics and theorie Physicial Physicial	es of beauty (Rasa,	06
	Dhvani).		
	 Examination of the relationship between culture in Indian thought. 	een aestnetics and	
	Application of Indian aesthetic concept	nts to modern artistic	
	and cultural contexts.	ots to modern artistic	
III	Unit-III: Environmental Ethics and Sustainabi	litv	06
	Exploration of Indian perspectives on	•	
	environment.		
	Application of Indian ecological and en	thical principles to	
	contemporary environmental issues.		
	contemporary environmental issues.Discussion on sustainable living and h	armonious	
	• •		

V	 Analysis of Indian concepts of social order (Dharma) and governance. Application of Indian political philosophy to contemporary discussions on justice and governance. Examination of the role of ethics in shaping social structures. Unit-V: Yoga, Meditation, and Mindfulness Study of Indian practices like Yoga and meditation in their philosophical context. Application of Indian contemplative practices to modern mental health and well-being. Exploration of the philosophical foundations of mindfulness and meditation. 	06
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Suggested Readings:

- "Indian Philosophy: A Very Short Introduction" by Sue Hamilton
- "A History of Indian Philosophy" by Surendranath Dasgupta
- "Indian Philosophy: A Critical Survey" by Chandradhar Sharma
- "India: A History" by John Keay
- "The Wonder That Was India" by A.L. Basham
- "Ancient India" by R.S. Sharma
- "The Oxford History of India" edited by Percival Spear
- "A History of Indian Literature" (multiple volumes) by Sisir Kumar Das
- "Indian English Literature" by M. K. Naik
- "The Norton Anthology of World Literature: India, Pakistan, and Bangladesh" edited by Sarah Lawall
- "Indian Art" by Partha Mitter
- "The Art and Architecture of the Indian Subcontinent" by J.C. Harle
- "Indian Architecture: Buddhist and Hindu Period" by Percy Brown
- "The Crest of the Peacock: Non-European Roots of Mathematics" by George Gheverghese Joseph
- "Indian Science and Technology in the Eighteenth Century" by Dharampal
- "Raga Mala: The Autobiography of Ravi Shankar" by Ravi Shankar
- "The Ragas of North India" by Walter Kaufmann
- "The Complete Book of Ayurvedic Home Remedies" by Vasant Lad
- "Ayurveda: The Science of Self-Healing" by Vasant Lad
- "The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar
- "The Yoga Sutras of Patanjali" translated by Swami Satchidananda
- "Traditional Ecological Knowledge: Concepts and Cases" edited by Julian Inglis and Norman Mercado

Suggested continuous E-Valuation Methods -

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Major (Elective): Choose any one Course

Programme: B Philosophy	.A. (Honours/Honours with Research) in	Year: B.A. 3 ¹ Year	·d	Semester: V th			
Pedagogy:	Pedagogy:						
Course Code:	: PHI-23106A	Course/Paper	F	Sundamentals of			
		Title:	Ŋ	Yoga			
Course Outco	omes: After completing this course, the	students will b	e able to	-			
CO 1: describ	be Definition of Yoga nad Hathyoga.						
CO 2: be awa	re of Kundalini Jagaran.						
CO 3: be awa	are of History of Development of Yoga	ı.					
CO 4: be awa	are of Favorable and unfavorable time	and condition.					
CO 5: describ	be about Human Consciousness.						
Credit: 3			Paper (Core Compulsory /			
			Elective	e): Elective			
Max. Marks :	= (60 + 40) = 100		Min. Pa	assing Marks : 35			
Total Numbe	r of Lectures (Lecture – Tutorials – Pr	actical): 45					
Units:	Topics:	•		No. of Lectures			
I	Basic Concept of Yoga			9			
	1. Meaning of Yoga & Various Det	finitions.					
	2. Aim, Objectives, Characteristics	& importance of	of				
	Yoga in life.	.1 . 1 . 1					
II	3. Vikasavada, Prakriti, Purusha &	their relationsh	ıp.	9			
11	History and Development of Yoga 1. History and Development of Yoga	oa in Vedas &		9			
	Upanishads.	ga m vedas æ					
	2. History and Development of You	ga in Gita nad S	at				
	Darshan.						
	3. History and Development of You	ga in Buddhism	,				
111	Jainism and Indian Philosophy.	11		0			
III	Discipline and Obstacles in Yoga Sa		no	9			
	1. Elements of Success and Failure According to Hathyoga.	III 1 0ga Saulia.	lla				
	2. Elements of Success and Failure	in Yoga Sadha	na				
	According to Yogasutra.						
	3. Elements of favourable & unfavo	ourable condition	ns i.e.				
	Time, Season and Diet for the Practice of Yoga.						
			9				
1. Meaning, Nature & Definitions of Consciousness.							
	2. Need of the Study of Human Co.		archan				
	3. Human Consciousness in Ved, Upnishad, Shatdarshan, Buddhism and Jainism.						
			9				
Ardha halasan							
	Pranayams: Suryabhedi, Bhrama	ri,					

	Mudra – Gyan Mudra, Dhyan Mudra 2. Yoga Activity and good health			
Sugge	ested Readings:			
1. S	wami Vivekanand	: Rajayoga (Ramakrishan Ashrama		
2. H	Iariharananda Aranya	Publications)		
3. R	Radhakrishnan, S.	: Yoga Sutras of Patanjali (University		
4. D	Dr. ishwar Bhardwaj	of Culcutta Press, Culcutta)		
5. Pi	itamber Jha	: Indian Philosophy (Vol. I & II)		
6. डॅ	<u> इंश्वर भारद्वाज</u>	(George Allen and Unwin, London,		
7. डॅ	7. डॉ० विजयपाल शास्त्री			
		: Manav Chetna (Hindi) (Satyam		
		Publication, New Delhi, 2011)		
		: Yoga Parichaya		
		: औपनिषदिक अध्यात्म विज्ञान		
		: पातंजलि योग विमर्श		
This c	course can be opted as an elective by the students o	f following subjects –		
Sugge	ested continuous E-Valuation Methods –			
Contin	Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2			
	(After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;			
Assignment/Practical/Projects – 05 Marks				
Interna	al Class Test – 10 Marks			

<u>Or</u>

Programme: B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. 3 rd Y	Year	Semester: V th		
Pedagogy:					
Course Code: PHI-23106B	Course/Paper	Jyotish Daı	rshan		
	Title:				
Course Outcomes: After completing this course, the students will be able to -					
	0 Y 1 D	-			

CO 1: Comprehend the Philosophical Foundations of Jyotish Darshan:

05 Marks

Develop a deep understanding of the philosophical underpinnings of Vedic Astrology, including its connection to Indian cosmology, spirituality, and the concept of destiny.

CO 2:. Interpret Birth Charts and Planetary Influences:

Gain proficiency in interpreting Vedic birth charts (horoscopes) to analyze the positions and influences of planets, houses, and signs, and understand their impact on an individual's life.

CO 3: Apply Predictive Techniques and Timing Methods:

Acquire the skills to apply predictive techniques such as planetary periods (Dasha) and transits to predict life events, understand potential challenges, and identify favorable periods.

CO 4: Ethical Practice and Cultural Sensitivity:

Attendance/Behavior -

Develop awareness of ethical considerations in providing astrological consultations, including respecting cultural differences and maintaining confidentiality. Understand the potential impact of astrological insights on individuals' lives.

CO 5: Integrate Jyotish Darshan into Holistic Well-being:

Learn to use Vedic Astrology as a tool for self-awareness and personal growth. Explore how astrological insights can be integrated with holistic practices for overall well-being and making informed life choices.

Credit: 3+0+0	Paper (Core Compulsory /
	Elective): Core Elective
Max. Marks: $(60 + 40) = 100$	Min. Passing Marks: 35

Total Number of Lectures (Lecture – Tutorials – Practical): 45+0+0

10001110	Theoretical (Ecolules Theoretical), 15 4 5 4 5	ı
Units:	Topics:	No. of
		Lectures
I	Introduction to Jyotish Darshan	9
	 Overview of Jyotish Darshan and its historical significance. 	
	 Relationship between astrology and Indian philosophical systems. 	
	 Introduction to the concept of "grahas" (planets) and "rashis" 	
	(zodiac signs).	
II	Planetary Aspects and Houses	9
	 Planetary aspects and their influence on individuals and events. 	
	• The twelve houses and their significance in a birth chart.	
	 Introduction to the "Lagna" (ascendant) and its importance. 	
III	Nakshatras and Divisional Charts	9
	• The significance of Nakshatras (lunar mansions) in Vedic astrology.	
	• Introduction to divisional charts (Vargas) and their interpretation.	
	Analysis of key divisional charts: Navamsa and Dashamsa.	
IV	Predictive Techniques and Vinshottari Mahadasha & Antardasha	9
	 Dasha systems and their role in predictive astrology 	
	 Application of planetary periods for timing events. 	
V	Ethical Considerations and Practical Applications	9
		ļ
	 Ethical considerations in practicing Jyotish Darshan. 	
	 Practical applications of Vedic astrology in daily life. 	
	 Introduction to remedial measures (upayas) and their 	
	significance.	

Suggested Readings:

- 1. "Brihat Parasara Hora Sastra" by Maharishi Parasara, translated by Girish Chand Sharma
 This ancient text is considered one of the foundational works in Vedic Astrology. It covers a wide range of topics, including planetary influences, predictive techniques, and remedial measures. This translation provides commentary to aid understanding.
- "Jataka Parijata" by Vaidyanatha Dikshita, translated by B. Suryanarain Rao
 This classical text focuses on birth chart analysis, planetary combinations (yogas), and the predictive techniques of Vedic Astrology. It's a valuable resource for delving into the intricacies of interpreting birth charts.
- 3. "Astrology of the Seers: A Guide to Vedic/Hindu Astrology" by David Frawley This book offers insights into the spiritual and philosophical dimensions of Vedic Astrology, connecting astrological principles to the broader Vedic tradition. It covers topics such as planetary aspects, houses, and predictive techniques.
- 4. "The Essentials of Vedic Astrology" by Komilla Sutton
 This book provides a practical introduction to Vedic Astrology, covering the basics of birth chart analysis,
 planetary influences, and predictive techniques. It's suitable for beginners looking to grasp the foundational
 concepts.
- 5. "Learn Hindu Astrology Easily" by K. N. Rao

This book is known for its straightforward approach to explaining Vedic Astrology concepts. It covers planetary influences, houses, yogas, and predictive techniques, making it accessible to those new to the field.

- 6. "Practical Vedic Astrology: A Complete Self-Study Guide" by Pandit G. S. Kapoor This book offers a step-by-step guide to Vedic Astrology, including the interpretation of birth charts, divisional charts, and predictive techniques. It's designed for self-study and includes practical examples.
- 7. "Predictive Astrology: The Eagle and the Lark" by Bernadette Brady While not strictly Vedic, this book explores predictive astrology in a cross-cultural context. It provides insights into predictive techniques, transits, and progressions that can be relevant to Vedic Astrology practitioners as well.
- 8. Laghu Parashari, by Parashar Muni
- 9. Bhrigu Jyotish Samhita by Maharshi Bhrigu
- 10. Mansagari by Unknown Writer
- 11. Jyotish Darshan by Dr. Arvind Shukla, NGB(DU), Prayagraj
- 12. Jyotish Darshan Ki Awadharana by Dr. Arvind Shukla, NGB(DU), Prayagraj

This course can be opted as an elective by the students of following subjects –

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Other Courses:

AEC: Ability Enhancement Course

Value Added Course: To be Choosed from POOL D

SEMESTER-VI

Programme: B.A. (Honours/Honours with	Year: B.A. 3rd Year	Semester: VI th					
Research) in Philosophy							
Pedagogy:	Pedagogy:						
Course Code: PHI-23107	Course/Paper Title:	Socio-Political					
		Philosophy					
Course Outcomes: After completing this course	e, the students will be abl	e to -					
CO 1: understand basic concept of sociopolitical	al philosophical issues re	lated Western &					
Indian Philosophy.							
CO 2: be aware of Political Ideologies and met	hods of social change.						
CO 3: be aware about theory of Punishment.							
CO 4: Acquainted with Democracy, Sociolism, Communism etc.							
CO 5: Method of Social Change, Traditional C	hange and Concept of Va	rnashram system.					
Credit: $04 + 01 = 05$		Paper (Core					
		Compulsory /					
	Elective): Co.						
	Compulsory						
Max. Marks: $(60 + 40) = 100$		Min. Passing					
		Marks: 35					
Total Number of Lectures (Lecture – Tutorials – Practical): 60 + 15 = 75							

Units:	Topics:	No. of Lectures			
I	1. The nature of Social Philosophy and its relation to	12			
	sociology, Politics, ethics and Ecology.				
	2. Social Institution, Individual and state theories of				
	Punishment.				
II	1. Political Ideologies: Democracy, Socialism, Indian	12			
	Socialism, Communism, Fascism and Theocracy,				
	Humanism, Human Values.				
III	1. Freedom, Justice, Equality, sovereignty Right,	12			
	Justice and Political obligation.				
IV	1. Method of social change: Constitutionalism and	12			
	Revolutionism, Terrorism and Satyagrah (Violence				
	and non-Voilence), Social and Political Values				
V	1. Tradition, change and Modernity with special	12			
	reference, Varna Ashrama, and Gender Equality,				
	Purushartha.				
Suggested R	eadings:				
1. E. D. M	iller : God and reason – Historical ap	proach.			
2. G. H. Sa	abine : A History of Political Theory.				
3. G. H. Sa	ibino : Rajnitik Siddhant ka Itihas (in F	Hindi)			
4. Joshi an	d Pant : Paschatya raj Darshan				
5. Robert N	N. Beck : A Hand Book in Social Philosop	phy			
6. Jata Sha	6. Jata Shankar : Vedanti Samajavada.				
7. S. L. Par	7. S. L. Pandey : Samaj Darshan Ki Ek Pranali				
Suggested co	Suggested continuous E-Valuation Methods –				
	ternal Evaluation shall be of 40% in two Steps in a Semester, C1	• /			
,	(After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;				
Assignment/Practical/Projects – 05 Marks					
Internal Class Test – 10 Marks					
Attendance/B	ehavior – 05 Marks				

MAJOR ELECTIVE: Choose any One Course

Programme: B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. 3 rd Y	Year	Semester: VI th
Pedagogy:			
Course Code: PHI-23108A	Course/Paper Philosophy of Mir Title:		sophy of Mind
D 0 1			

Programme Outcome:

The paper aims to acquaint the students with two metaphysical problems of mind, viz, the problem consciousness (subjective intentionality etc), and the mind body problem (monism, dualism etc) and our epistemological problem viz., mental knowledge (self knowledge and knowledge of other minds). Mind, thinking and solve the problems and obtained all that thing what everyone want.

Course Outco	Course Outcomes: After completing this course, the students will be able to -			
CO 1: be awa	re about mind and power of mind.			
CO 2: be awa	re about mind and body relation.			
CO 3: be awa	re of aquainted self knowledge and l	knowledge of other mind.		
CO 4: be awa	re about power of sub-conscious min	nd.		
CO 5: be awa	re about the secret of mind and the r	miracle of mind.		
Credit: 3	P	aper (Core Compulsory / I	Elective): Elective	
Max. Marks:	(60+40)=100	Min. Passing Marks: 35		
Total Number	of Lectures (Lecture – Tutorials – l	Practical): 45		
Units:	Topics:		No. of Lectures	
I	What is the Philosophy of mind? C		9	
11	and the mental phenomena, mind a		0	
II	Mind-body relationship, mind and and Chinese room artument.	computer, turing test	9	
III	Self-knowledge, knowledge of other	er mind	9	
IV	Power of Sub conscious mind, mind releasing the miracle		9	
	working power, wonder happen when you pray effectively.			
	The teasure house within you, The			
	of your sub-conscious mind. How	to get the result you		
V	want. V The secret of mind. Scientists use the sub conscious mind.			
v	V The secret of mind. Scientists use the sub conscious mind, your sub conscious mind and happiness. The mind power			
of feeling, creation, health etc.				
Suggested Re				
1. Chalmers	David (ed) 2009, Philosophy of Mi	ind, Classical and contemp	orary readings	
2. Davies M	artin 1998, "The Philosophy of Min	nd" in A.C. Grayling (ed.),	Philosophy I: A	
Guide through the subject, Oxford University Press				
3. Heil, John, 2004, Philosophy, A Contemporary Introduction, Rutledge, New York.				
4. Shaffer, Jerome A, 1994, Philosophy of Mind, Prentice Hall Hall, New Delhi.				
5. Mandik Pete, This is Philosophy of Mind, Wiley Blackwell.				
This course can be opted as an elective by the students of following subjects –				
<u>Suggested continuous E-Valuation Methods</u> —				
Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2				
(After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;				
Assignment/Practical/Projects – 05 Marks				

<u>Or</u>

10 Marks

05 Marks

Internal Class Test –

Attendance/Behavior -

Programme: B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. 3 rd Year Semester: VI th					
Pedagogy:						
Course Code: PHI-23108B	Course/Paper Yoga & Naturopathy					
Title:						
Course Outcomes: After completing this course, the students will be able to -						
CO 1: Understand the Principles of Yoga and Naturopathy:						

Gain a solid understanding of the fundamental principles of Yoga and Naturopathy, including their philosophical foundations, holistic approaches to health, and the interconnectedness of mind, body, and spirit.

CO 2: Apply Yogic Practices for Well-being:

Develop the ability to practice and teach a variety of Yoga techniques, such as asanas (postures), pranayama (breathing exercises), meditation, and relaxation techniques, fostering physical and mental well-being.

CO 3: Promote Holistic Health through Naturopathic Principles:

Acquire knowledge of naturopathic principles, including dietary practices, hydrotherapy, detoxification, and the use of natural remedies. Understand how these practices can be integrated into a holistic approach to health and wellness.

CO 4: Design Personalized Wellness Plans:

Develop the skills to assess individual health needs and design personalized wellness plans that incorporate both Yoga and Naturopathy practices. Learn to consider factors such as lifestyle, dietary preferences, and specific health goals.

CO 5: Demonstrate Ethical and Cultural Sensitivity:

Develop an awareness of ethical considerations in practicing and teaching Yoga and Naturopathy, including cultural sensitivity and the importance of providing safe and respectful environments for diverse individuals and communities.

Credit: 3	Paper (Core Compulsory / Elective): Elective		
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks: 35		

Total Number of Lectures (Lecture – Tutorials – Practical): 45

Units:	Topics:	No. of Lectures
I	Introduction to Yoga and Naturopathy	9
	Overview of Yoga: historical and philosophical foundations.	
	 Introduction to Naturopathy: principles and holistic health approach. 	
	 Integration of Yoga and Naturopathy for overall well-being. 	
II	Yogic Practices for Health and Balance	9
	 Hatha Yoga: asanas (postures) for physical health. 	
	 Pranayama: breathing techniques for energy and relaxation. 	
	 Meditation and mindfulness practices for mental well-being. 	
III	Yoga Philosophy and Lifestyle	9
	Introduction to Yoga Sutras of Patanjali.	
	 Yamas and Niyamas: ethical principles in Yoga. 	
	 Integrating Yoga philosophy into daily life. 	
IV	Naturopathic Principles and Therapies	9
	Five elements theory and the role of natural elements in	
	healing.	
	Hydrotherapy, mud therapy, and other naturopathic	
	treatments.	
	 Dietary principles for holistic health and wellness 	
V	Yoga and Naturopathy for Specific Conditions	9
	 Yoga and Naturopathy for stress management and relaxation. 	
	Application of Yoga and Naturopathy for common health	
	issues.	
	 Designing personalized wellness plans for individuals 	

Suggested Readings:

Books on Yoga:

- "The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar
 This book explores the philosophy and practice of Yoga, emphasizing the importance of tailoring Yoga to individual needs and goals.
- "Light on Yoga" by B.K.S. Iyengar
 A classic book by a renowned Yoga teacher, this text covers Yoga postures (asanas) in detail, providing instructions, benefits, and variations.
- 3. "The Yoga Bible" by Christina Brown

A comprehensive guide to different Yoga poses, practices, and sequences, along with explanations of the philosophy and principles behind Yoga.

- 4. "The Bhagavad Gita" (Translated by various authors)
 This ancient scripture is a cornerstone of Yoga philosophy. It offers insights into the principles of life, duty, and self-realization.
- "The Yoga Sutras of Patanjali" (Translated by various authors)
 This foundational text outlines the principles of Yoga philosophy and practice. Various translations and commentaries are available.

Books on Naturopathy:

- (a) "Textbook of Naturopathy" by P. M. Balakrishna
 This comprehensive textbook covers the principles, therapies, and practices of Naturopathy, including dietary recommendations and natural remedies.
- (b) "The Complete Book of Ayurvedic Home Remedies" by Vasant Lad
 While focusing on Ayurveda, this book provides insights into natural healing methods, herbal remedies, and
 lifestyle practices that align with Naturopathic principles.
- (c) "The Complete Book of Nature Cure" by Dr. H. K. Bakhru
 A guide to naturopathic practices, this book covers topics such as diet therapy, hydrotherapy, fasting, and other natural methods for healing and prevention.
- (d) "Healing with Whole Foods: Asian Traditions and Modern Nutrition" by Paul Pitchford
 This book combines traditional wisdom with modern nutritional insights. It covers dietary and lifestyle
 practices for holistic health and well-being.
- (e) "Naturopathy for Longevity" by Dr. H. K. Bakhru
 This book focuses on the principles of Naturopathy and provides guidelines for adopting a natural and healthy lifestyle for longevity.

This course can be opted as an elective by the students of following subjects –

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks

Attendance/Behavior – 05 Marks

MINOR ELECTIVE: To be Choosed by Students of Other Discipline

Programme: B.A. (Honours/Honours with Philosophy	(Research) in	Year: B.A. III rd	Year	Semester: VI th
Pedagogy:				
Course Code: MPHI06	Course/Pape	er Shamkar	Vedant	
	Title:	(Minor Pa	per for other	discipline)
Course Objectives				

Course Objectives

- To explore the life and teachings of Śańkarācārya, the foremost exponent of Advaita Vedānta.
- To understand the core metaphysical, epistemological, and ethical principles of his philosophy.
- To study his major commentaries and independent treatises.
- To assess the contemporary relevance of his thought in philosophical and spiritual domains.

Course Outcomes: After completing this course, the students will be able to -

CO1: Describe the historical, spiritual, and philosophical context of Śańkarācārya's life and teachings.

CO2: Explain the central metaphysical ideas of Advaita Vedānta, including Brahman, Ātman, and Māyā.

CO3: Analyze Śańkara's epistemological framework and the doctrine of Adhyāsa.

CO4: Interpret his ethical vision and its application to individual liberation and spiritual living.

CO5: Evaluate the impact and continued relevance of Śańkarācārya's philosophy in modern times.

Credit: 03	Paper (Core Compulsory / Elective): Elective
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks: 35

Total Number of Lectures (Lecture – Tutorials – Practical): 45

	r of Lectures (Lecture – Tutoriais – Practical): 45	
Units:	Topics:	No. of
		Lectures
I	Life and Historical Significance	9
	Biography and intellectual journey of Śaṅkarācārya	
	Spiritual lineage and the guru-disciple tradition	
	The historical context of his teachings	
	• Establishment of monastic centers (mathas) and cultural	
	impact	
II	Metaphysics of Advaita Vedānta	9
	• The concept of Brahman (Ultimate Reality) – Nirguṇa and	
	Saguṇa	
	The identity of Ātman and Brahman (Tat Tvam Asi)	
	 The theory of Māyā and Avidyā (illusion and ignorance) 	
	 Levels of reality: Pāramārthika, Vyāvahārika, Prātibhāsika 	
III	Epistemology and Doctrine of Superimposition	9
	Pramāṇas (means of valid knowledge) in Advaita Vedānta	
	The concept of Adhyāsa (superimposition) The concept of Adhyāsa (superimposition)	
	The role of Sruti (scripture) and Jñāna (knowledge) The role of Sruti (scripture) and Jñāna (knowledge) The role of Sruti (scripture) and Jñāna (knowledge)	
13.7	Liberation through knowledge (Jñāna-mārga) Editorial de la companyation de la compa	0
IV	Ethics and Soteriology The goal of life Malace (liberation)	9
	The goal of liver mystri (liberated while living) The ideal of liver mystri (liberated while living)	
	 The ideal of Jīvanmukti (liberated while living) Śaṅkara's views on Karma, Bhakti, and Sannyāsa 	
	Ethical principles: renunciation, detachment, self-realization	
V	Sankara's Writings and Legacy	9
ľ	Major commentaries:	,
	D 1 - D1-	
	D1 1 C= = D1 =	
	•	
	o Principal Upaniṣad Bhāṣyas	
	• Independent works: Vivekacūḍāmaṇi, Ātmabodha,	
	Upadeśa Sāhasrī	
	Sankara's influence on later Vedānta schools and Indian	
	spirituality	
	Relevance of Śańkara's thought in the modern age	

Suggested Readings

Primary Texts (Śańkarācārya's Works and Translations)

- 1. Śańkarācārya Brahmasūtra Bhāsya
 - Tr. Swami Gambhirananda, Advaita Ashrama
- 2. Śaṅkarācārya Bhagavad Gītā Bhāṣya
 - Tr. Swami Gambhirananda, Advaita Ashrama
- 3. Śaṅkarācārya *Upaniṣad Bhāṣyas* (on Īśa, Kena, Kaṭha, Chāndogya, etc.)
 - Various translations by Swami Madhavananda, Swami Gambhirananda

- 4. Śańkarācārya Vivekacūḍāmaņi
 - Tr. Swami Madhavananda, Advaita Ashrama
- 5. Śańkarācārya *Upadeśa Sāhasrī*
 - Tr. Swami Jagadananda, Sri Ramakrishna Math

Secondary Readings and Interpretations

- 6. T.M.P. Mahadevan *The Philosophy of Advaita*
 - University of Madras
- 7. S. Radhakrishnan *Indian Philosophy* (Vol. II)
 - Oxford University Press
- 8. R. Balasubramanian (Ed.) Advaita Vedānta
 - ICPR Publication
- 9. E. Deutsch Advaita Vedānta: A Philosophical Reconstruction
 - University of Hawaii Press
- 10. Chatterjee & Datta An Introduction to Indian Philosophy
 - University of Calcutta
- 11. Ninian Smart Doctrine and Argument in Indian Philosophy
 - Macmillan
- . Isherwood, Christopher Vedanta for the Western World
- New American Library (Accessible interpretation for global context)

This course can be opted as an elective by the students of following subjects –

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Other Courses:	Otl	her	Co	urs	es:
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Internship/Apprenticeship

Value Added Course: To be Choosed from POOL D

Exit Option: Bachelor' Degree (Programme duration: Three years or six semesters).

[NHEQF Level 5.5]

SEMESTER-VII

Programme: B.A. (Honours/Honours with Research) in Philosophy Year: B.A. 4 th Year VII th				
Pedagogy	/:	•		
Course Co	ode: PHI-23109	Course/Paper Title:	Contemporation Philosoph	orary Western
Programn	ne Outcome (after three years):			
The	completion of the 3 years graduat	tion programme in Phil	osophy will e	nable a student
to:				
(i)	Understand the broad ideas that centers of Philosophy.	are enshrined in the ba	sic thinking o	of various
(ii)	Critically analyze the hypothesis, theories, techniques and definitions offered by Philosophers.			
(iii) Understand many theories related to philosophy of Religion, which will be helpful				
 in solving many misconceptions related to religion. (iv) Utilized philosophy to understand social realities and problems and to come up with ideal solution to them. 				
(v) Identify how deeply philosophy is connected to other discipline like Social Science, Political Science and Natural Science.				
(vi) Understand various issues of Applied Philosophy which are very important and relevant in contemporary world.				
(vii) Integrate their physical, mental and spiritual faculties so that the students can become healthier and more integrated members of the social and of the nation by				
the practice of Yoga. (viii) Learn tools, techniques and skills regarding the research oriented activities by the study of practice of Project Work.				
Course O	utcomes: After completing this co	urse, the students will b	be able to -	
CO 1: Be	aware the students about contemp	orary western Philosop	hy deeply.	
CO 2: Be	aware about Philosophical view o	of Bradley.		
CO 3: Be	aware the students about the deve	elopment of Pragmatism	n as William .	James.
CO 4: Exp	plain about Moore's Refutation of	Idealism.		
CO 5: Be	aware about the Philosophical Vie	ews of Russell and Wit	tgenstein.	
Credit: 04	1 + 01 = 05	Paper (Core Compulsor	y / Elective):	Core
		Compulsory	,	
Max. Mar		Min. Passing Marks: 35	5	
	nber of Lectures (Lecture – Tutori			
Units:	<u> </u>	opics:		No. of
		•		Lectures
I	Bradley's doctrine of Appearance	ce and Reality. Refutati	ion of	12
	Primary and Secondary Qualitie	•		
II	Development of Pragmatism as James Theory of Radical Empir	a system of Philosophy	v. William	12
III	Moore's Refutation of Idealism			12
IV	Russell's Logical Atomism.			12

V	Wittgenstein – L showing.	anguage and Reality, Picture theory, say	ing and 12	
Suggested	Readings:			
1. Basar	nt Kumar Lal	: Contem	porary Western	
2. Dr. La	axmi Saxena	Philosop	hy	
3. Dr. N. P. Tiwari : Contemporary Western				
4. Shobha Nigam <i>Philosophy</i>			hy	
: Contemporary Western				
Philosophy				
		: Western	n Philosophy	
This cours	se can be opted as	nn elective by the students of following s	subjects –	
Suggested	continuous E-Val	uation Methods –		
Continuous	s Internal Evaluation	shall be of 40% in two Steps in a Semester,	C1 (After 45 Days) & C2	
(After 90 E	Days) respectively. M	Iarks of Each Internal Assessment will be di	stributed as under;	
Assignmen	t/Practical/Projects	- 05 Marks		
Internal Cla	ass Test –	10 Marks		
Attendance	e/Behavior –	05 Marks		

_	ne: B.A. (Honours/Honours with in Philosophy	Year: B.A. 4 th Year		Semester: VII th
Pedagog	y:			•
Course C	Code: PHI-23110A	Course/Paper Title:	Research M	ethodology
			[For Studen	ts pursuing
			Hons. with	Research]
Res methodol contempo	me Outcome: search Methodology in Philosophy: logies from Pre-modern Philosophy orary Philosophy (hermeneutics and in untouched, thurst and socially we in it.	(Argument and Proof) a Phenomenology). Rese	and two from r arch Scholar t	modern and ry to
Course O	Outcomes: After completing this cou	rse, the students will be	able to -	
CO 1: be	aware of meaning of Research.			
CO 2: be	aware of importance and utility of	Research.		
CO 3: de	scribe Method of Research.			
CO 4: be	aware of Preparation of Synopsys.			
CO 5: be	aware of Philosophical research, de	esign, meaning and type	S.	
Credit: 04	4	Paper (Core Con	npulsory / Elec	ctive): Core
		Compulsory		
Max. Ma	rks: (60 + 40) = 100	Min. Passing Ma	rks : 35	
Total Nu	mber of Lectures (Lecture – Tutoria	als – Practical): 60		
Units:	То	pics:		No. of
				Lectures
I	Methodology of Philosophical Rese (a) Nature of Philosophical Res			12

	(b) Concept of Indian Philosophy.	
	(c) Concept of Western Philosophy.	
	(d) Methods of documentation and preparation of synopsis.	
II	Methodology of Philosophical Research – II	12
	(a) Analytical Method.	
	(b) Dialectical Method.	
	(c) Critical and Comparative Method.	
	(d) Matter Collection.	
III	Methodology of Philosophical Research – III	12
	(a) Hypothesis and Scientific Method.	
	(b) Methods of Experimental Enquiry.	
	(c) Writing first draft.	
	(d) Research and Survey, method and techniques.	
IV	Methodology of Philosophical Research – IV	12
	(a) Research oriented social welfare.	
	(b) Moral value and Human values.	
	(c) Philosophical view contains scientific and innovative ideas.	
	(d) Step of social research, selection of philosophical problems.	
V	Methodology of Philosophical Research – 5	12
	(a) Preparation of Synopsys.	
	(b) Fact, Concept and theory.	
	(c) Data collection method, Interview, Observation, Questionnaire,	
	Schedule, Case study.	
	(d) Philosophical Research, Design, Meaning and Type.	
	·	

Suggested Readings:

- 1. "Research Methodology: A Step-by-Step Guide for Beginners" by Ranjit Kumar This book provides a comprehensive introduction to research methodology, suitable for beginners. It covers various research methods and techniques along with practical examples.
- 2. "Research Design: Qualitative, Quantitative, and Mixed Methods Approaches" by John W. Creswell and J. David Creswell

This book discusses different research designs, both qualitative and quantitative, and provides guidance on choosing the appropriate design for your research project.

- 3. "Research Methods for Business Students" by Mark Saunders, Philip Lewis, and Adrian Thornhill
 - Focused on business and management research, this book covers a wide range of research methods, from qualitative to quantitative, and provides practical examples and case studies.
- 4. "Qualitative Inquiry and Research Design: Choosing Among Five Approaches" by John W. Creswell
 - If you're interested in qualitative research methods, this book explores five different approaches to conducting qualitative research and provides guidance on selecting the most appropriate one.
- 5. "Social Research Methods" by Alan Bryman
 This comprehensive book covers a wide range of research methods, including both
 qualitative and quantitative approaches, and includes discussions on research ethics
 and philosophical underpinnings.
- 6. "Designing Social Inquiry: Scientific Inference in Qualitative Research" by Gary King, Robert O. Keohane, and Sidney Verba

 This book focuses on the design and inference aspects of qualitative research

This book focuses on the design and inference aspects of qualitative research, providing insights into how to draw valid conclusions from qualitative data.

- 7. "Research Methodology: Methods and Techniques" by C.R. Kothari A classic in the field, this book covers various research methods and techniques, emphasizing the practical aspects of research design, data collection, and analysis.
- 8. "The Craft of Research" by Wayne C. Booth, Gregory G. Colomb, and Joseph M. Williams
 - This book provides a detailed guide to the research process, from formulating research questions to presenting findings. It's valuable for students across disciplines.
- 9. "Research Methods in Education" by Louis Cohen, Lawrence Manion, and Keith Morrison
 - Geared towards educators and researchers in the field of education, this book covers research methods applicable to educational research.
- 10. "Experimental Design and Statistics" by Harold O. Kiess and Bonnie A. Green Focused on experimental design and statistical analysis, this book provides insights into planning experiments and analyzing the resulting data.

This course can be opted by the students pursuing (Hons. with Research) in the Discipline

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Or

Programme: B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. 4th Year		Semester: VII th	
Pedagogy:				
Course Code: PHI-23110B	Course/Paper Title:	Humanism	&	
		Existentialis	sm (For	
		Honours]		
Course Outcomes: After completing this course, the students will be able to -				

CO 1: Comprehend Philosophical Foundations:

Develop a deep understanding of the philosophical foundations of humanism and existentialism, including their historical development, key thinkers, and underlying concepts.

CO 2: Analyze Existentialist Themes:

Demonstrate the ability to analyze existentialist themes such as authenticity, freedom, anxiety, and the search for meaning, and understand how these ideas shape human experience.

CO 3: Critically Evaluate Humanist Values:

Evaluate humanist values such as reason, ethics, social justice, and secularism, and consider their implications for personal ethics, societal norms, and the role of religion.

CO 4: Synthesize Humanism and Existentialism:

Explore the connections and tensions between humanism and existentialism, considering how these philosophical approaches address questions of human nature, purpose, and the nature of reality.

CO 5: Apply Philosophical Insights:

Apply philosophical insights from humanism and existentialism to contemporary issues such as ethics, identity, technology, and societal challenges, fostering critical thinking and ethical reasoning.

Credit: 04	Paper (Core Compulsory / Elective): Core
	Compulsory
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks: 35

Total Number of Lectures (Lecture – Tutorials – Practical): 60

I otal N	lumber of Lectures (Lecture – Lutorials – Practical): 60	
Units:	Topics:	No. of
		Lectures
I	Introduction to Humanism and Existentialism	12
	 Overview of humanism and existentialism as philosophical 	
	movements.	
	Historical context and key figures in humanism and	
	existentialism.	
	Comparison of humanist and existentialist approaches to human	
77	nature and existence.	10
II	Humanism: Human-Centered Philosophy	12
	• Exploration of humanist values, including reason, ethics, and	
	social justice.	
	Humanist critiques of religious and supernatural beliefs.	
III	Humanism's impact on education, ethics, and secular societies. Existentialized Manning and Existence	10
1111	Existentialism: Meaning and Existence	12
	Existentialist themes of authenticity, freedom, and in dividuality.	
	individuality.	
	 Existentialist views on anxiety, absurdity, and the search for meaning. 	
	Key existentialist thinkers: Søren Kierkegaard, Jean-Paul	
	Sartre, Albert Camus.	
IV	Humanism and Existentialism in Literature and Arts	12
1 '	• Examination of humanist and existentialist themes in literature,	12
	theater, and film.	
	Exploration of how humanism and existentialism influence	
	artistic expression and interpretation.	
V	Application and Relevance of Humanism and Existentialism	12
	 Ethical implications of humanist values and existentialist 	
	insights.	
	 Application of humanist and existentialist thought to 	
	contemporary issues.	
	 Reflection on the relevance of humanism and existentialism in 	
	personal and societal contexts.	
	4 1 D 1'	

Suggested Readings:

- 1. "Existentialism: A Reconstruction" by David E. Cooper
 This comprehensive book provides an in-depth exploration of existentialism's central
 themes, including freedom, authenticity, and the search for meaning. It covers key
 existentialist thinkers and their contributions to the movement.
- 2. "Existentialism and Humanism" by Jean-Paul Sartre

This book by Sartre presents his lecture on existentialism and its humanist implications. It offers a concise yet profound overview of existentialist ideas, including the concepts of anguish, freedom, and responsibility.

- 3. "At the Existentialist Café: Freedom, Being, and Apricot Cocktails" by Sarah Bakewell This engaging book provides a narrative history of existentialism through the lives of key thinkers such as Sartre, de Beauvoir, Camus, and Heidegger. It offers insights into their philosophical ideas and the cultural context of the movement.
- 4. "The Cambridge Companion to Existentialism" edited by Steven Crowell
 This anthology brings together essays by leading scholars to explore various aspects of
 existentialism, including its historical development, major figures, and key concepts. It
 offers a comprehensive overview of the movement.
- 5. "Humanism and Existentialism" by William L. Reese
 This book provides a comparative analysis of humanism and existentialism, highlighting
 their similarities and differences. It explores how these philosophical approaches address
 questions of meaning, freedom, and human nature.
- 6. Contemporary Western Philosophy by Prof. B.K. Lal
- 7. Contemporary Western Philosophy by Prof. Laxmi Nidhi Saxena

This course can be opted by the students pursuing (Hons. with Research) in the Discipline

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks

Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Major (Elective): Choose Any Two Courses

Programme: B.A. (Honours/Honours with	Year: B.A. 4th Year	Semester:
Research) in Philosophy		VII th
Pedagogy:		
Course Code: PHI-23111A	Course/Paper Title: Adva	nnced Western Ethics
Course Outcomes: After completing this course	se, the students will be able t	0 -
CO 1: Be aware about feature and objective of advanced ethics, and the views of G.E. Moore.		
CO 2: Be aware Philosophical views of W. D. Ross about rightness.		
CO 3: Be aware Philosophical Views of R. M. Hare about prescriptive theory and its		
shortcoming.		
CO 4: Be aware about Philosophical view of A. J. Ayer and C. L. Stevention as a emotive		
theory.		
CO 5: Be aware about Feminist.		
Credit: 04	Paper (Core C	Compulsory /
	Elective): Elec	ctive
Max. Marks : $(60 + 40) = 100$	Min. Passing	Marks : 35

Total Number of Lectures (Lecture – Tutorials – Practical): 60		
Units:	Topics:	No. of
		Lectures
I	Nature, Feature and Objective of advanced ethics.	12
	New Intuitionism: G. E. Moore, Characteristic of Good and	
	Good things, Naturalistic Fallacy; How to Good is not	
	definable? Good, Right and Duty, Intrinsic Value or Principle	
	of Organic Unity of Moore, Moral Value of Moore.	
II	W. D. Ross: Moral Suitability Theory of Rightness, Concept of	12
	Right, Primafacy Duties (Right and Prima facies duties).	
	Concept of Good of Ross. Which things are good in itself.	
III	R. M. Hare: Prescriptive Language in Ethics. Prescriptive	12
	theory of Moral Language and its shortcomings.	
	Emotive Theory: A. J. Ayer and C. L. Stevenson; Emotive	
	Theory of moral language and its shortcomings, Ethical	
	disagreement of Stevenson.	
IV	Existentialist Ethics: Soren Kierkigaard. Jean Jaul Sartre,	12
	Moral Ethics of Kierkgaard, Moral Ethics of Jean Jaul Sartre,	
	Existence Precedes essence, Bad Faith of Sartre; Freedom and	
	Responsibility theory of Sartre; Concept of Anguish of Sartre.	
V	Feminist: Meaning of Feminist, Types of Feminist, Four	12
	Principles of Feminist, What does Feminist mean for kids.	
C 1 D	- 10	

Suggested Readings:

1.

This course can be opted as an elective by the students of following subjects –

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Or

Programme: B.A. (Honours/Honours with	Year: B.A. 4 th Year		Semester:
Research) in Philosophy			VII th
Pedagogy:			
Course Code: PHI-23111B	Course/Paper Title:	Patanja	li Yoga Sutra
Programme Outcome:			
Course Outcomes: After completing this co	ourse, the students will be	able to -	
CO 1: Be aware of Patanjali Yoga Sutra.			
CO 2: Learn Concept of Yoga and its mean	ning.		
CO 3: Be aware about Ashtangik Yoga.			

CO 4: Be aware of Chittabhrittiyas and Chittabhumiyas.			
CO 5: Be aware of the concept of Samadhi and its kinds and benefits.			
Credit: 04 Paper (Core Compulsory / Elective):		lective):	
Elective			
Max. Marks : $(60 + 40) = 100$ Min. Passing Marks : 35			
Total Number	of Lectures (Lecture – Tutorials – P	ractical): 60	
Units:	Topics		No. of
			Lectures
I	1. Introduction to Patanjali Yoga		12
	2. Definition of Yoga & Concept		
	3. Chitta Bhumies, Ishwar Pranidl Chittavritties.	nan & Methods of Control	
II	1. Types of Samadhi – Samprajna	ta nad Asamprainata.	12
	2. Concept of Kriya Yoga, Yogan		
	and Panch Kleshas,		
111	3. Methods of Chitta Prasadan.	1 ' 1)	10
III	 Purusha, (drishta) & Prakriti, (d Astanga Yoga: Yama, Niyama, 	• ,	12
	Pratyahara	Asanas, Franayama &	
	3. Dharana, Dhyana & Samadhi		
IV 1. Karma Sidhant, Sanskara & Vasana 12		12	
2. Vivek-khyati			
3. Vibhuties & Kaivalya			
V	 Yoga and Personality Develops Value development through You 		12
2. Value development through Yoga. Suggested Readings:			
1. गीता प्रेस, गोरखपुर : <i>पातंजल योग सूत्र</i>			
2. राजबीर	•	: पातंजल योग दर्शः : पातंजल योग दर्शः	
2. राजबार शास्त्रा : पातजल याग दशन 3. डॉ० विजयपाल शास्त्री : पातंजल योग विमर्श			
	3. डा० विजयपाल शास्त्रा : पातजल योग विमश 4. स्वामी ओमानन्द तीर्थ : पातंजल योग प्रदीप		
4. स्वामा आमानन्द ताथ : <i>पातजल याग प्रदाप</i> 5. स्वामी चरणदास : <i>अष्टांग योग</i>			
5. स्वामा चरणदास : <i>अध्दाग याग</i> 6. श्रीराम वर्मा, आचार्य : <i>मेरी वसीयत और विरासत</i>			
7. Swami Shivananda : Essays on Yoga			
8. Shri Aurabindo : Bases of Yoga This course can be ented as an elective by the students of following subjects			
This course can be opted as an elective by the students of following subjects –			
Suggested cor	atinuous E Valuation Methods		
Suggested continuous E-Valuation Methods — Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2			
(After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;			
Assignment/Practical/Projects – 05 Marks			
Internal Class Test – 10 Marks			
Attendance/Be	navior – 05 Marks		

Or

Programme: B.A. (Honours/Honours with Research) in	Year: B.A. 4th Year	Semester: VII th
Philosophy		

Pedagogy:		
Course Code: PHI-23111C	Course/Paper Title:	Introduction
		to Western
		Epistemology
Programme Outcome:	•	

This paper of the course aims at providing a bird's-eye-view of the general features and problems of Western epistemology. Unlike in India, wrong knowledge is not a separate category by itself but is no knowledge at all or simply absence of any knowledge. Familiarity with the following topics is expected to generate an awareness of the issues and debates that uniquely characterize Western epistemology.

Course Outcomes: After completing this course, the students will be able to -

- CO 1: be aware of Origin of Knowledge, its limit, Validity and Nature.
- CO 2: be aware of types of Knowledge.
- CO 3: be aware of Nature of Truth.
- CO 4: be aware of Problems of Induction.
- CO 5: be aware of Personal Identity, knowledge of other mind and problem of universals.

Credit: 04	Paper (Core Compulsory / Elective): Elective
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks : 35

Total Number of Lectures (Lecture – Tutorials – Practical): 60

Units:	Topics:	No. of Lectures
I	Nature and Scope of Epistemology. Nature of Knowledge	12
	and Belief.	
II	1. Rationalism, Empiricism and criticism with special	12
	reference to the following problem: source, nature,	
	validity and limits of knowledge.	
	2. Types of knowledge: priori and aposteriori, analytic	
	and synthetic propositions.	
III	Nature of Truth: Truth and criterion, criterion and	12
	definition. Coherence, correspondence and pragmatic	
	theories of truth, Semantic Theory of truth.	
IV	Problem of Induction: Hume's Problem and its main	12
	solution: probability theory, Scepticism: Hume's	
	Scepticism.	
V	1. Personal Identity and knowledge of other minds.	12
	2. Problem of Universals.	

Suggested Readings:

1. D. W. Hymlan	: Theory of Knowledge
2. J. Hasperse	: An Introduction to Philosophical
 A. J. Ayer Hari Shankar Upadhyay H. S. Upadhyay 	Analysis (its Translation in Hindi) : Problem knowledge : Gyanmimansa ke mool Prashna : Knowledge and Justification

This course can be opted as an elective by the students of following subjects –

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under; Assignment/Practical/Projects – 05 Marks

<u>Or</u>

Programme: B.A. (Honours/Honours with Research) in Philosophy	Year: B.A. 4 th Year	Semester: VII th
Pedagogy:		
Course Code: PHI-23111D	Course/Paper Title:	Applied Ethics

Programme Outcome:

The aim of the course is to acquaint the student with the various concepts of ethics. Ethical issues, practices in business, corporate and social responsibilities, strengthening personal and organizational integrity, ethical and ecology, work ethics, proportional ethics and responsibility.

Course Outcomes: After completing this course, the students will be able to -

- CO 1: describe Nature of Applied Ethics and its relation with normative ethics.
- CO 2: describe Theoretical formation of Applied Ethics.
- CO 3: be aware of moral values.
- CO 4: describe the hermeneutic, profession, professionalism and professional ethics.
- CO 5: do several case studies.

Credit: 04	Paper (Core Compulsory / Elective): Elective
Max. Marks : $(60 + 40) = 100$	Min. Passing Marks : 35

Total Number of Lectures (Lecture – Tutorials – Practical): 60

Units:	Topics:	No. of Lectures
I	Nature and Scope of Applied Ethics. Theoratical	12
	formulation of applied ethics.	
II	Ethics and Human Interface, Difference between Ethical	12
	and morals Ethical Loyalties and Prima Facie duties.	
	Human Values.	
III	Emotional Intelligence, Attitude Civil Services, Aptitude	12
	and Fundamental Value Ethical Concern and dilemmas in	
	government and private Institution. Corporate Governance.	
IV	Ethical Thinkers and Contribution (Indian and Western)	12
	Honesty in Administration.	
V	Case Study.	12

Suggested Readings:

1.	Peter Singer (Ed)	: Applied Ethics, in the Oxford Reading in Philosophical series
2.	W. K. Frankena	: Ethics Prentice Hall. 1973
4.	Springge T.I.G. Hanfling Oswald Nityanand Mishra	: The National Foundation of Ethics, London: Routledge's Kegon Paul, 1997 : The Quest for Meaning, Oxford. Basils Black wall, 1999 : Prayogic Nitishastra, Moti Lal Banarasi Das – Varanasi

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under; Assignment/Practical/Projects – 05 Marks

Internal Class Test –	10 Marks
Attendance/Behavior –	05 Marks

MINOR ELECTIVE : To be Choosed by Students of Other Discipline

Programme: B Philosophy	.A. (Honours/Honours with R	desearch) in	Year: B.A. 4th Year	Semester: VII th
Pedagogy:			1	•
Course Code	: MPHI07 Cou	rse/Paper 7	Title: Power of Yoga	
			(Minor Paper for other	er discipline)
Course Obje	ectives			
		ndational to	ext of classical Yoga philosopl	hy— <i>Yoga</i>
	s of Patañjali.			
-	-	-	g of the eightfold path (Astāng	- /
			al, and ethical dimensions of the	
			on of Pātañjala Yoga in contem	iporary life.
			the students will be able to -	
		*	dations of Pātañjali's Yoga Sūtra uch as Chitta, Vṛtti, Klesha, and l	
	the eightfold path (Aṣṭāṅga			Naiilia.
	on the yogic approach to self			
			text of personal well-being and s	ocial harmony.
Credit: 03			Core Compulsory / Elective): E	
Max. Marks	(60+40)=100	Min. Pas	ssing Marks : 35	
	r of Lectures (Lecture – T			
Units:		Topics		No. of
omis.		ropies	•	Lectures
I	Introduction to Yoga P	hilosophy		9
1	Historical backgr		oga and Patañiali	
	Life and signification			
			of Yoga philosophy	
			Yogas chitta vṛtti nirodhaḥ	
II	Structure and Themes	of Yoga Sū	itras	9
	Overview of the:	four pādas ((chapters):	
	o Samādhi.			
	 Sādhana 			
	∘ Vibhūti P			
	o Kaivalya		1.4 ' 1 'C' .'	
	_		their classifications	
III	 Importance of Abhyāsa and Vairāgya Aṣṭāṅga Yoga (Eight Limbs of Yoga) 			9
111			O /	9
	 Yama: ethical restraints (Ahiṃsā, Satya, etc.) Niyama: personal observances (Śauca, Santoṣa, etc.) 			
			ira – their significance and	
	discipline	, 1 130 , 4110	Significant and	
		, Samādhi	 stages of meditation and 	
	realization	-	Č	
IV	Psychology and Ethics	of Yoga		9
	 Kleshas (affliction) 	ns) and the	ir impact on mental health	

	 Concept of Karma and Samskāras Role of discipline (Tapas), self-study (Svādhyāya), and devotion (Īśvarapraṇidhāna) Ethical living and inner purification 	
V	Liberation and Relevance	9
	 Concept of Kaivalya (liberation) in Pātañjala Yoga 	
	Difference between Yoga and other schools like Advaita	
	Vedānta and Sāṅkhya	
	 Application of Yoga Sūtras in modern life: stress, 	
	wellness, and mindfulness	
	Contemporary relevance of Patañjali's thought in health	
	and education	

Suggested Readings:

Primary Texts & Commentaries

- 1. Pātañjali Yoga Sūtras of Patañjali
 - Translated by Swami Vivekananda, Advaita Ashrama
- 2. Pātañjali Yoga Sūtras with Vyāsa Bhāsya
 - Edited by Swami Hariharānanda Āraņya, Kaivalyadhama
- 3. Swami Satchidananda The Yoga Sūtras of Patañjali
 - Integral Yoga Publications (Clear commentary with practical insights)
- 4. Swami Prabhavananda & Christopher Isherwood *How to Know God: The Yoga Aphorisms of Patanjali*
 - Vedanta Press (Accessible interpretation for beginners)

Secondary Readings & Interpretations

- 5. Georg Feuerstein *The Yoga-Sūtra of Patañjali: A New Translation and Commentary* Inner Traditions
- 6. B.K.S. Iyengar Light on the Yoga Sūtras of Patañjali
 - HarperCollins (*Yoga practice-oriented explanation*)
- 7. Edwin F. Bryant The Yoga Sūtras of Patañjali: A New Edition, Translation, and Commentary
 - North Point Press (Scholarly and detailed resource)
- 8. Taimni, I.K. The Science of Yoga
 - Theosophical Publishing House (Philosophical and metaphysical analysis)

Swami Niranjanananda Saraswati – Practical Lessons on the Yoga Sutras of Patanjali

- Bihar School of Yoga

This course can be opted as an elective by the students of following subjects –

<u>Suggested continuous E-Valuation Methods</u> –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks

Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

SEMESTER-VIII

Programme: B Research) in Pl	A. (Honours/Honours with hilosophy	Year: B.A. 4 th Year	Semester: VIII th
Pedagogy:			1
Course Code:	PHI-23112	Course/Paper Contemporary In Title:	dian Philosophy
Programme C	Outcome:		
_		g the past and appropriating whate	ver the thinker
		al value. The paper aims at introduc	eing the students
	modern Indian thought in		
		s course, the students will be able to	
	•	of some contemporary Indian Philo	sophers as
Vivekanand e			
		Radha Krishnan & M. K. Gandhi.	
CO 3: describ	be views of Dr. B. R. Ambe	edkar and M. N. Rai.	
CO 4: describ	oe Buddhism of J. L. Nehru	and Philosophical view of K. C. E	Bhattacharya.
CO 5: describ	oe Ekatm manar vada of Pt.	Deen Dayal Upadhyay.	
Credit: 04 + (01 = 05	Paper (Core Compulsory / Electiv	re): Core
Compulsory			
Max. Marks : $(60 + 40) = 100$ Min. Passing Marks : 35			
Total Numbe	r of Lectures (Lecture – Tu	torials – Practical): $60 + 15 = 75$	
Units:		Topics:	No. of Lectures
I	Vivekanand – Man and God, religion of man and Dr.		12
	Sarvapalli Radha Krishna		
II		n Violence, Sarvodaya and Shri	12
III	Aurobindo	reation of Social evils and M. N.	12
111	Rai	reation of Social evils and M. Iv.	12
IV		m and K. C. Bhattacharya	12
V	D.D. Upadhyay Ekatm M	•	12
Suggested Re			
1. B.K. Lal	: Con	temporary Indian Philosophy, Dell	hi. 1985
2. Benay G		temporary Indian Philosophy, Dell	
3. V.S. Nar	1 ,	dern Indian Though, Bombay 1964	.,,
This course c		by the students of following subject	
	ntinuous E-Valuation Meth	·	
		40% in two Steps in a Semester, C1 (A	fter 45 Days) & C
		n Internal Assessment will be distribut	- ·
•	ractical/Projects – 05 Marks		
Internal Class	Test – 10 Marks		
Attendance/Be	ehavior – 05 Marks		

Major (Elective): Choose any One Courses

Programme: B Research) in Pl	.A. (Honours/Honours with hilosophy	Year: B.A. 4 th Year	Semester: VIII th
Pedagogy:			
Course Code:	PHI-23113A	Course/Paper Title:	Phenomenology and
			Existentialism
Programme C			
	ective of the paper is to acquain		
	ogy and Existentialism. The particular of the particular of the philosofter of the particular of t	L.	_
	authenticity, choice, being, tim	-	•
	omes: After completing this co		
	are of Concept of Phenomenolo		
CO 2: be awa	are of Concept of Existentialism	n.	
	are of Contemporary western P		nce of Phenomenology
and Existenti	• •	- ·	
CO 4: be awa	are of theistic and atheistic exis	tentialism.	
CO 5: be awa	re of Existentialism and Huma	nnism.	
Credit: 03		Paper	(Core Compulsory /
		Electi	ve): Elective
Max. Marks:	(60+40)=100	Min. I	Passing Marks : 35
Total Numbe	r of Lectures (Lecture – Tutori	als – Practical): 45+0+	0
Units:	To	opics:	No. of
			Lectures
I	Edmund Husseril: Concept of	of Phenomenology; Crit	eique of 9
	Naturalism and Psychologism	•	
	Consciousness; Method of R	eduction; Pure Conscio	ousness;
II	Constitution; Life world. Martin Heidegger: Concept of	of Man as Reing: Conce	ept of 9
11	Time, Authenticity and inaut	_	1
	Necessity and Freedom: Trai	•	
III	Soren Keirkegaard: Theistic		
	Subjectivity: Stage of Existe	nce: Asthetic Stage, Etl	nical
13.7	stage and Religious Stage.	:-44:-1: F:-4	1
IV	Jean Paul Sartre: Atheistic E Essence; Freedom and Respo		
	man as being for itself, being	• •	*
V	Existentialism and Humanisi	•	9
Suggested Re	eadings:		
1. Dermot l		uction to Phenomenolog	gy, Rutledge, London.
2. C. Maeca			י אכ , י א
3. A. J. Bla	cks ham : Four Phei	nomenologist Thinkers,	1993

This course can be opted as an elective by the students of following subjects –			
Suggested continuous E-Valuation Methods –			
Continuous Internal Evaluation	shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2		
(After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;			
Assignment/Practical/Projects – 05 Marks			
Internal Class Test –	10 Marks		
Attendance/Behavior –	05 Marks		

Or

Programme: B	.A. (Honours/Honours with Research) in	Year: B.A. 4th	1	Semester: VIII th
Philosophy	(,	Year		Semester: VIII
Pedagogy:				
Course Code:	: PHI-23113B	Course/Paper	Title:	Philosophy of
				Shankaracharya
Programme C	Outcome:			
Course Outco	omes: After completing this course, the	students will be	able to) -
CO 1: learn a	bout Shankaracharya's theories.			
CO 2: be awa	are about Brahman and Ishhwar Concep	ot.		
CO 3: be awa	are about Maya and its functions.			
CO 4: be awa	re of Ishwar, Jiva, Jagat etc.			
CO 5: acquai	nted about Bandhan and Moksha.			
Credit: 03			Paper	(Core Compulsory /
			Elect	ive): Elective
Max. Marks:	(60+40) = 100		Min.	Passing Marks : 35
Total Numbe	r of Lectures (Lecture – Tutorials – Pra	ctical): 45+0+0		
Units:	Topics:			No. of Lectures
I	Foundation of Advait Vedanta, Mean	•		9
	Vedant, Shankar's View of Brahman	(Sagun Brahmar	n and	
II	Nirgun Brahman)	amistics of Mayra		9
11	II Shankar's view of Maya and Characteristics of Maya, Functions of Maya, Maya and Avidya.			9
III			9	
IV	_		9	
	Ramanujacharya.	<i>J</i>		
V			9	
	Sadhan Chatushtay, Kinds of Moksha	ı		
Suggested Re	eadings:			

Primary Texts (Śańkarācārya's Works and Translations)

- 6. Śaṅkarācārya Brahmasūtra Bhāṣya
 - Tr. Swami Gambhirananda, Advaita Ashrama
- 7. Śaṅkarācārya Bhagavad Gītā Bhāṣya
 - Tr. Swami Gambhirananda, Advaita Ashrama
- 8. Śańkarācārya *Upaniṣad Bhāṣyas* (on Īśa, Kena, Kaṭha, Chāndogya, etc.)
 - Various translations by Swami Madhavananda, Swami Gambhirananda

- 9. Śańkarācārya Vivekacūḍāmaņi
 - Tr. Swami Madhavananda, Advaita Ashrama
- 10. Śańkarācārya *Upadeśa Sāhasrī*
 - Tr. Swami Jagadananda, Sri Ramakrishna Math

Secondary Readings and Interpretations

- 12. T.M.P. Mahadevan The Philosophy of Advaita
 - University of Madras
- 13. S. Radhakrishnan *Indian Philosophy* (Vol. II)
 - Oxford University Press
- 14. R. Balasubramanian (Ed.) Advaita Vedānta
 - ICPR Publication
- 15. E. Deutsch Advaita Vedānta: A Philosophical Reconstruction
 - University of Hawaii Press
- 16. Chatterjee & Datta An Introduction to Indian Philosophy
 - University of Calcutta
- 17. Ninian Smart Doctrine and Argument in Indian Philosophy
 - Macmillan
- . Isherwood, Christopher Vedanta for the Western World
- New American Library (Accessible interpretation for global context)

This course can be opted as an elective by the students of following subjects –

Suggested continuous E-Valuation Methods –

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

Assignment/Practical/Projects – 05 Marks

Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Or

Programme: B.A. (Honours/Honours with Research) in	Year: B.A. 4th Year	Semester: VIII th	
Philosophy			
Pedagogy:			
Course Code: PHI-23113C	Course/Paper Title:	Philosophy of Kant	
Programme Outcome:			
Kant is undoubtedly the central figure in We	stern Philosophy. In the	e Arena of	
speculative thought we may either agree with Kan	t or disagree with him b	out it is impossible to	
ignore him. Immanuel Kant will ever remain a lun	ninous star in the philos	ophical field be it	
ethics, Epistemology, Aesthetic and metaphysics.			
Course Outcomes: After completing this course, the	ne students will be able	to -	
CO 1: be aware of Kant Philosophy.			
CO 2: reconciliation of Empiricism and Rationalis	m.		
CO 3: describe Kant's categories of the Understan	ding.		
CO 4: be aware of critique of pure reason of Kant's book.			
CO 5: be aware of Phenomena and Noumena.			
Credit: 03	Paper (Core Cor	npulsory / Elective):	
	Elective		
Max. Marks : $(60 + 40) = 100$	Min. Passing Ma	arks : 35	
Total Number of Lectures (Lecture – Tutorials – P	ractical): 45+0+0		

Units:	Topics:	No. of Lectures			
I	Background of Kant's Philosophy – his precursors:	9			
	 (a) Aims of Kantian Philosophy of Criticism. (b) Kant's evaluation and reconciliation of Rationalism and Empiricism. (c) The Copernicacian Revolution in Kantian Epistemology. 				
II	Kant's theory of Space and Time as impractically real and	9			
	transcendentally ideal in the "Transcendental Aesthetic":				
	(a) The role of Categories of the understanding in the acquisition of knowledge.(b) Kant's conception of the 'self as transcendental unity of Apperception'.				
III	Kant's refutation of Idealism:	9			
	(a) Kant's distinction between Phenomena and Noumena.(b) The transcendental Dialectic-distinction between Understanding and Reason.				
IV	Speculative Theology Kant's critique of the Ontological, Cosmological and Teleological proofs for the existence of God.				
V	The Critique of Practical Reason – its Presuppositions and aims. The Categorical Imperative and its various formulations. The 'Critique of Judgment', its contentions of the sublime and the Beautiful.	9			
Suggeste	ed Readings:				
1. Iı	mmanuel Kant : Critique of pure Reason				
2. I1	mmanuel Kant : Critique of Practical Reason				
3. Iı	mmanuel Kant : Critique of Judgment				
4. N	J.K. Smith : A Commentary of the Critique of pure Reason	n			
5. P	P.F. Strawson : The Bounds of Sense				
6. E	E. Card : The Critical Philosophy of Kant				
7. S	S.L. Pandey : Kant ka Darshan (in Hindi)				
This cou	rse can be opted as an elective by the students of following subjec	ets –			
Suggeste	ed continuous E-Valuation Methods —				
	us Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (A	• /			
•	Days) respectively. Marks of Each Internal Assessment will be distributed as a second of the control of the con	ted as under;			
•	ent/Practical/Projects – 05 Marks				
	Class Test – 10 Marks				
Attendand	ce/Behavior – 05 Marks				

DL'I L				: B.A. 4 th	Semester:		
Philosophy Year				VIII th			
	agogy:		1				
Cou	rse Code:	PHI-23113D	Cour	se/Paper Title:	Analytical		
					Philosophy		
Prog	gramme O						
This paper aims to explain a new trend of Ordinary Language Philosophy initiated by							
		f Wittgenstein. It was further fascinate					
		d Oxford namely R.F. Strawson, Gilb	bert Ryle	, J.L. Sustin, W	.v.O. Quine and		
	y others.	mes: After completing this course, the	e student	s will be able to) _		
		re of Philosophical view of L. Wittger		s will be able to) -		
		re of earlier Wittgenstein Philosophic					
		re of Languistic Game.	ai views.				
		re about Philosophical views of Austi	ne.				
		re of Philosophical views of W.V.D.					
	dit: 03		` _	per (Core Com	nulsory /		
0100				ective): Elective			
Max. Marks : $(60 + 40) = 100$				Min. Passing Marks: 35			
Total Number of Lectures (Lecture – Tutorials – Practical): 45+0+0				K5 . 55			
	Jnits:	Topics:	detical).	75 70 70	No. of Lectures		
	I	-	tigations	Criticism of	9		
1		Wittgenstein's earlier views.	Wittenstein's Philosophical Investigations Criticism of				
,			's Meaning and Use; theory of Language-				
		game and private Language.					
III J.L. Austin's How to do things				Constalve and	9		
		Performatives, Uterance; Criteria for	110	_			
		Performatives, Speech Act Theory,	Locution	nalry			
	IV	Illocutionary, Perlocutionary Act.	onti ou long		9		
	IV P.F. Strawson's Individual: Basic Particulars, Identification of Particulars and Theory of Person.			•	9		
V W.V.O. Quine's Tow dogmas of Empiricism and Radical				9			
		Translation.	-I				
Sug	gested Rea	adings:					
1.							
2.	Austin, J.		: How to Do Things with words				
	,	ey, Rishi Kant : Speech Act and Linguistic Communication					
4.							
5. Quine, W.V.O. : World and Object							
6. Miller, Alexander : Philosophy of Language							
		ntinuous E-Valuation Methods –	0 6	·			
		ernal Evaluation shall be of 40% in two S	Steps in a	Semester, C1 (A	fter 45 Days) & C2		
) respectively. Marks of Each Internal As					
		actical/Projects – 05 Marks			•		

Internal Class Test –

Attendance/Behavior -

10 Marks

05 Marks

Programme: B.A	A. (Honours/Honours with Research) in Philosophy	Year: B.A. 4 th Year	Semester: VIII th			
Pedagogy:		Tear				
Course Code: PH	I-23114A	Course/Paper	Disseration/Research			
		Title:	Project & Viva voce			
			[For Hons. with			
			Research Students]			
Course Outcomes: After completing this course, the students will be able to -						
CO 1: acquire Research Skills and awareness about Methodology						
CO 2: develop critical thinking skills for evaluating existing literature and research gaps.						
CO 3: develop Communication Skills, Analytical and Problem-Solving abilities.						
CO 4: develop Project Management and will be able to contribute to existing knowledge						
CO 5: Collaborate in Interdisciplinary Skills.						
Credit: 12			Paper (Core			
			Compulsory /			
			Elective): Elective			
Max. Marks: 60		Min. Passing Marks : 35				
Total Number of	Lectures (Lecture – Tutorials – Practical): 0+0+360		•			
Units:	Topics:		No. of Lectures			
I	Dissertation/ Research Project & Viva Voce					
Suggested Readin	igs:					

General Research Methodology

1. Kothari, C. R. & Garg, Gaurav

Research Methodology: Methods and Techniques

- New Age International Publishers
- A foundational book on qualitative and quantitative research methods.
- 2. Creswell, John W.

Research Design: Qualitative, Quantitative, and Mixed Methods Approaches

- SAGE Publications
- Comprehensive guidance for designing and conducting research.
- 3. Neuman, W. Lawrence

Social Research Methods: Qualitative and Quantitative Approaches

- Pearson Education
 - Ideal for social sciences and interdisciplinary studies.
- 4. Ranjit Kumar

Research Methodology: A Step-by-Step Guide for Beginners

- SAGE Publications
- Practical guide with examples, useful for first-time researchers.
- Academic Writing & Dissertation Structuring
 - 5. Turabian, Kate L.
 - A Manual for Writers of Research Papers, Theses, and Dissertations
 - University of Chicago Press
 - Covers formatting, citation styles, and academic tone.
 - 6. Walliman, Nicholas

Your Research Project: A Step-by-Step Guide for the First-Time Researcher

- SAGE Publications
 - Student-friendly guide to planning and writing a dissertation.
- 7. Booth, Wayne C., Colomb, Gregory G., & Williams, Joseph M.

The Craft of Research

- University of Chicago Press
- Insightful resource on forming arguments, framing research questions, and structuring.
- Subject-Specific & Technical Writing
 - 8. Day, Robert A. & Gastel, Barbara
 - How to Write and Publish a Scientific Paper

- Cambridge University Press
- Ideal for students in science, engineering, and health disciplines.
- 9. Denscombe, Martyn

The Good Research Guide: For Small-Scale Social Research Projects

- Open University Press
- Excellent for undergraduate dissertations and small research projects.
- Plagiarism, Referencing & Ethics
 - 10. American Psychological Association (APA)
 - Publication Manual of the APA (7th Edition)
 - APA
 - For academic writing, referencing, and ethical research practices.
 - 11. MLA Handbook (9th Edition)
 - Modern Language Association
 - Referencing guide for literature, humanities, and liberal arts.
 - 12. Office of Research Integrity (ORI), USA

Introduction to the Responsible Conduct of Research

• Free online guide on ethics, plagiarism, authorship, and data handling.

<u>Suggested continuous E-Valuation Methods –</u>

Continuous Internal Evaluation shall be of 40% in two Steps in a Semester, C1 (After 45 Days) & C2 (After 90 Days) respectively. Marks of Each Internal Assessment will be distributed as under;

 $Assignment/Practical/Projects-05\ Marks$

Internal Class Test – 10 Marks Attendance/Behavior – 05 Marks

Or

Field Visit/ Educational Visit based Viva Voce [Course Code: PHI- 23214B] for (Hons. Students)

Completion of the Programme: Bachelor Degree with Honours/Honours with Research in Major Discipline at the Successful Completion of the Fourth Year (Eight Semesters) of the multidisciplinary Four-year Undergraduate Programme. [NHEQF Level 6.0]